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## Brief report

## Evaluation of the novel DiaSorin LIAISON® *Campylobacter* assay for the rapid detection of *Campylobacter* spp.



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### ABSTRACT

**Introduction:** *Campylobacter* spp. infection is one of the leading causes of foodborne diarrhoeal illness in humans worldwide. The purpose of this study was to evaluate the DiaSorin LIAISON® *Campylobacter* assay for human campylobacteriosis diagnosis.

**Methodology:** A total of 645 stool samples from 640 patients suspected of having gastrointestinal infection were included. A stool culture was simultaneously performed with the DiaSorin LIAISON® *Campylobacter* assay to detect the presence of *Campylobacter* spp.

**Results:** Taking the conventional culture to be the perfect gold standard, sensitivity and specificity rates of the DiaSorin LIAISON® *Campylobacter* assay were 100% and 97.7%, respectively; and 99.1% and 98.6%, respectively, when taking the culture to be the imperfect gold standard (Bayesian Model).

**Conclusion:** This new assay might be a useful tool especially for the screening of negative results.

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## Evaluación de la nueva plataforma DiaSorin LIAISON® *Campylobacter* assay para la detección rápida de *Campylobacter* spp.

### RESUMEN

**Introducción:** La infección por *Campylobacter* spp. es una de las principales causas de enfermedades diarreicas de transmisión alimentaria en el ser humano. Este estudio tuvo como objetivo evaluar la plataforma DiaSorin LIAISON® *Campylobacter* assay para el diagnóstico de la campilobacteriosis humana.

**Metodología:** Se incluyeron un total de 645 muestras de heces de 640 pacientes con sospecha de infección gastrointestinal. Se realizaron simultáneamente coprocultivo y DiaSorin LIAISON® *Campylobacter* assay para detectar la presencia de *Campylobacter* spp.

**Resultados:** Asumiendo el cultivo convencional como el método de referencia perfecto, DiaSorin LIAISON® *Campylobacter* assay obtuvo una sensibilidad y una especificidad del 100% y 97.7%, respectivamente; y del 99.1% y 98.6%, respectivamente, asumiendo el cultivo como método de referencia imperfecto (modelo bayesiano).

**Conclusión:** Esta nueva plataforma podría ser una herramienta útil, especialmente para el cribado de resultados negativos.

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#### Palabras clave:

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## Introduction

*Campylobacter* spp. is the leading cause of foodborne diarrheal illness worldwide. *Campylobacter jejuni*, with almost 90% of reported cases of campylobacteriosis, is the species that cause most human gastrointestinal infections (GI), characterized by diarrhea, fever, and abdominal cramps.<sup>1,2</sup>

*Campylobacter* spp. are bacteria requiring special culture requirements.<sup>3</sup> Direct planting onto a selective media, followed by incubation at 42 °C under microaerophilic conditions for at least 48 h, has long been considered the reference standard for diagnosis. Moreover, this microbiological procedure was designed to recover and identify only the most common pathogenic strains.<sup>4</sup>

Culture-independent diagnostic tests (CIDTs) for detection of this fastidious organism, have emerged mainly in clinical settings, as an alternative to standard culture methods.<sup>2,5,6</sup> CIDTs, including molecular methods or methods based on antigen detection, enable not only the rapid identification of this gastrointestinal pathogen, but also the rapid screening for negative results.<sup>7,8</sup> However, culture-based method remains essential for the confirmation of the microorganism viability as well as to perform drug susceptibility tests and epidemiologic studies.<sup>2</sup>

The aim of this study was to evaluate the antigen-based detection fully-automated random-access platform based on chemiluminescence technology, DiaSorin LIAISON® *Campylobacter* assay (DiaSorin, Saluggia, Italy), for the diagnosis of human GI caused by *Campylobacter* species.

## Methodology

### Study design

A prospective study was conducted at the Microbiology Department of Vall d'Hebron University Hospital of Barcelona (Spain) during two different periods, 10 consecutive days in May 2015 and 5 consecutive days in February 2016. All stool samples from patients suspected of having GI were sent to the laboratory as part of hospital routine diagnosis to perform stool culture. Simultaneously, samples were studied with the DiaSorin LIAISON® *Campylobacter* assay in order to detect the presence of *Campylobacter* spp. antigens.

### Stool culture

Samples were collected in sterile containers without transport media and delivered to the laboratory under refrigeration (4 °C). For *Campylobacter* spp. culture, a portion of stool was directly plated onto a Charcoal differential agar (Oxoid, Hampshire, United Kingdom) followed by 48 h incubation at 42 °C under microaerophilic conditions (CampyGen™, Oxoid, United Kingdom). Suspicious colonies were identified by means of oxidase cytochrome tests, fuchsin staining and MALDI-TOF Mass Spectrometry using the VITEK® MS (bioMérieux, Marcy l'Étoile, France).

### LIAISON® *Campylobacter*

The DiaSorin LIAISON® *Campylobacter* assay was performed according to manufacturer's instructions. Briefly, the stool sample was mixed with 750 µL of diluent, using the LIAISON® Stool Extraction Device scoop, in case of solid feces, and 750 µL, in case of liquid or semi-solid feces, and screwed the conical blue filter unit onto the mixing tube. The mixture was vortexed vigorously for 20 s and centrifuged with the conical tube pointing up at speed of  $\geq 2000 \times g$  for 10 min. Subsequently, the device was inverted and centrifuged at  $200 \times g$  for 1 min. The mixing tube/blue filter unit was discarded and placed into the DiaSorin Analyzer. The result

was considered negative if the index was  $<0.9$ , equivocal if  $\geq 0.9$ , and  $<1.1$ , and positive if  $\geq 1.1$ .

### Statistical analysis

Performance parameters as sensitivity, specificity, positive predictive value (PPV) and negative predictive value (NPV) of the DiaSorin LIAISON® *Campylobacter* assay were estimated by using conventional culture as perfect gold standard and as imperfect gold standard using a web-based application (<http://mice.tropmedres.ac>) Mahidol Oxford Tropical Medicine Research Unit (MORU), Bangkok, Thailand).<sup>9</sup>

## Results

A total of 645 stool samples from 640 patients suspected of having a GI were included in the study. Of these, 74.4% were outpatients and 15.6% were inpatients. Of the 645 analyzed specimens, 26 (4.0%) were positive (24 identified as *C. jejuni* and 2 as *Campylobacter coli*) and 606 (94.0%) were negative by both culture and LIAISON® *Campylobacter* assay. The chemiluminescence-based assay and stool culture methods showed positivity rates of 6% and 4% respectively, and there was no equivocal result of the new platform according to manufacturer instructions. There were 13 (2%) discordant samples all with positive antigen detection and negative culture results. Of these, 9/13 (69.2%) patients presented symptoms compatible with GI while in 4 cases the diagnostic suspicion was not related to GI or the information was not available. Sensitivity, specificity, positive predictive value (PPV) and negative predictive value (NPV) parameters are shown in Table 1.

Additionally, other enteric pathogens isolated by stool culture or detected by antigen detection were: *Salmonella* spp. ( $n=9$ ), *Shigella flexneri* ( $n=2$ ), enteropathogenic *Escherichia coli* (EPEC) ( $n=2$ ), toxin producing *Clostridium difficile* strains ( $n=2$ ), non-toxin producing *Clostridium difficile* strains ( $n=8$ ), *Helicobacter pylori* ( $n=9$ ), rotavirus ( $n=10$ ), and adenovirus ( $n=5$ ). None of these pathogens was found in co-infection with *Campylobacter* spp.

**Table 1**

Prevalence, sensitivities, specificities, and positive and negative predictive values (PPV and NPV) estimated by using the conventional culture (assuming that a test is perfect) and imperfect gold standard model (Bayesian latent class model).

Parameters	Conventional culture was assumed as a perfect gold standard (%) <sup>a</sup>	Bayesian latent class model (%) <sup>b</sup>
<b>Prevalence</b>		
Inpatients	6.5 (3.5–11.7)	7.8 (4.0–13.0)
Outpatients	3.1 (1.8–5.3)	4.0 (2.1–6.7)
<b>Conventional culture</b>		
Sensitivity	100 (100–100)	82.9 (56.0–99.9)
Specificity	100 (100–100)	100 (99.6–100)
PPV	100 (100–100)	99.1 (90.4–100)
NPV	100 (100–100)	99.1 (97.0–100)
<b>LIAISON <i>Campylobacter</i></b>		
Sensitivity	100 (84.0–100)	99.1 (91.1–100)
Specificity	97.7 (96.1–98.7)	98.6 (96.9–100)
PPV	65.0 (48.3–78.9)	78.6 (55.4–99.9)
NPV	100 (99.2–100)	100 (99.5–100)

<sup>a</sup> Conventional method assumed that test A is perfect (100% sensitivity and 100% specificity; all patients with gold standard test positive are diseased and all patients with gold standard test negative are non-diseased). Values shown are estimated means with 95% confidence interval.

<sup>b</sup> Bayesian latent class model does not assume that any test is perfect. Values shown are estimated median with 95% credible interval.

## Discussion

Campylobacteriosis is usually a self-limited illness and antimicrobial therapy is not required. However, patients with specific clinical circumstances, such as severe or prolonged illness or immunocompromised state, may benefit of an early diagnosis in order to provide them an appropriate therapy.<sup>1,10</sup> A prospective study has been conducted to determine the performance characteristics of the novel stool antigen test, the DiaSorin LIASON<sup>®</sup> *Campylobacter* assay. Clinical Microbiology laboratories have assumed increasing responsibility for the rapid and accurate detection of a diverse number of pathogens. DiaSorin LIASON<sup>®</sup> *Campylobacter* assay allows reducing the response time from 48 hours to less than 2 h.

Moreover, DiaSorin LIASON<sup>®</sup> *Campylobacter* assay is also a time saving assay taking only about 15 min of hands-on-time work. In contrast, culture-based methods require special conditions such as microaerobic environment as well as additional tests in order to confirm the identification of the microorganism.<sup>3</sup>

Up to now, selective culture techniques are mainly designed for the isolation of *C. jejuni*/*C. coli*, the main species associated with human GI.<sup>11</sup> However, detection of non-*jejuni/coli* *Campylobacter* species, with unclear clinical relevance, by antigen detection CIDs have been widely reported.<sup>12,13</sup> Additionally, recent publications on CIDs for the detection of *Campylobacter* spp. claimed that these tests have demonstrated a considerable number of false positives in clinical testing recommending to confirm all positive results by other method.<sup>14,15</sup>

In the present study DiaSorin LIASON<sup>®</sup> *Campylobacter* assay showed a higher positivity rate than conventional culture. This fact could be initially interpreted as an increased sensitivity of this technique against conventional culture, but it should be considered whether discordant results are due to a lack of specificity of the antigen-based assay. On the other hand it is remarkable that 9/13 of the patients with discordant results presented gastrointestinal infection symptoms and no other pathogen was isolated, which would reinforce the results of the new assay. These discordant results could also be explained by the detection of non-*jejuni/coli* *Campylobacter* species by DiaSorin LIASON<sup>®</sup> *Campylobacter* assay that would not be detected by the conventional culture. Due to the possibility of false positive results of the chemiluminescence assay it would be advisable to confirm these cases by other method. A limitation to our study was the lack of confirmation by a molecular technique of these discordant results to properly examine the nature of these results and to well establish DiaSorin LIASON<sup>®</sup> *Campylobacter* assay specificity value and PPV. Finally, regarding the negative results, NPV of both culture and antigen-based methods was 100%. These results point to this antigen-based technic as a good tool for rapid screenings of negative results.

In conclusion, this assay can be considered a useful tool for a rapid campylobacteriosis diagnosis. Additionally, it could be an

effective tool for the rapid screening of negative results especially in laboratories assuming an increasingly workload due to its low time-consuming nature. By discarding *Campylobacter* spp. infection, this test would allow a new diagnostic approach to other organisms causing diarrhea. Unfortunately, up to now there is no available data concerning the cost-effectiveness of the LIASON<sup>®</sup> *Campylobacter* assay, both in terms of their impact on laboratory costs and the managing downstream costs of patients with diarrhea. Further studies are needed either to establish the cost-effectiveness of this platform and also to clarify if this test is able to detect other non-*jejuni/coli* *Campylobacter* species.

## Conflicts of interest

The authors declare that there have no conflicts of interest.

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