

testes, and penis length in the lower threshold of normality. At the age of 2, he presented significant asthenia after playing and somnolence accompanied by clumsiness and frequent falls; cortisol levels were 2.71 µg/dL (normal range, 5–25); ACTH (7.7 pg/mL, normal range, 5–46) and ion values were normal. We started hormone replacement therapy with hydrocortisone, which improved the symptoms. The MRI scan showed moderate anterior pituitary hypoplasia, ectopic posterior pituitary at the median eminence, and complete agenesis of the pituitary stalk (Fig. 1A and B). A genetic test yielded normal results.

Aetiology of hypopituitarism is varied, and includes acquired (tumours secondary to malformations of the central nervous system),² genetic (alteration in transcription factors *PIT1*, *PROP1*, *HESX1*, *LHX3*, *LHX4*, *PITX1*, *PITX2*, *TPIT*, and *SOX3*),³ and idiopathic causes.

Diagnosis is clinical, as the condition presents with variable and heterogeneous symptoms, according to severity, the number of hormones affected, and how quickly symptoms manifest. The most common symptoms during the neonatal period are hypoglycaemia, prolonged jaundice with cholestasis, micropenis, midline abnormality, neurological symptoms, and psychomotor delay with hypotonia, lethargy, or weak suck.⁴ Suspicion of hypopituitarism is essential in order to establish a diagnosis as early as possible, thereby limiting the neurocognitive delay which is usually associated with this disorder.⁵

Diagnosis is established based on clinical findings and hormone level measurements (initially alterations in GH levels and the thyroid axis [TSH], followed by alterations to the adrenal [ACTH] or gonadal axis [LH/FSH], and lastly, altered prolactin levels). Diagnosis is confirmed by molecular studies or MRI, which reveals a variable lesion spectrum (small sella turcica, hypoplastic or aplastic pituitary, lack of pituitary stalk, and lack of hyperintensity in the posterior pituitary area). Treatment for hypopituitarism consists in treating the hormone deficiencies.⁶

In summary, early diagnosis of this syndrome prevents neurological sequelae, enabling proper neuropsychological development in later life; it is therefore very important to consider the condition in cases of psychomotor delay symptoms of unknown aetiology. It would be beneficial to include free T4 levels determination (in addition to TSH) in

newborn screening, since this may enable early detection of central hypothyroidisms.

Funding

This study has received no funding of any kind.

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2173-5808/

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Haberland syndrome: Clinical and neuroimaging findings leading to diagnosis[☆]



Síndrome de Haberland. Clínica y neuroimagen como base para el diagnóstico

[☆] Please cite this article as: González Ortega FJ, Céspedes Mas M, Ramírez Garrido F. Síndrome de Haberland. Clínica y neuroimagen como base para el diagnóstico. *Neurología*. 2018;33:552–554.

Dear Editor:

Haberland syndrome, also known as encephalocranio-cutaneous lipomatosis, is an extremely rare condition characterised by predominantly unilateral neurocutaneous malformations manifesting as early as during gestation.¹ Haberland and Perou first described the syndrome in 1970 based on clinical and autopsy findings from a 51-year-old man with epilepsy and intellectual disability.² Lesions are most frequently unilateral and are usually associated with such other alterations as alopecia, arachnoid cysts, porencephalic cysts, intracranial calcifications, intracranial and cervical spinal lipomas, cerebral atrophy, leptomeningeal granulomatosis, hydrocephalus, polymicrogyria, alterations in lamination of brain structures, desmoid tumours in

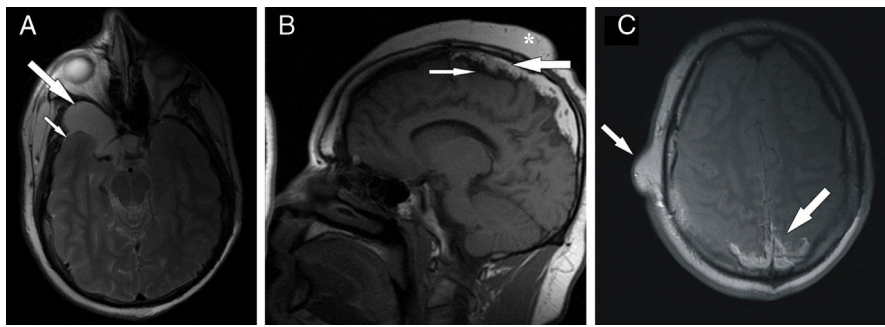


Figure 1 MRI scan. (A) Axial T2-weighted sequence with CSF signal suppression showing atrophy of the right temporal lobe (small arrow) and a well-defined, hyperintense cystic lesion in the middle fossa, corresponding to an arachnoid cyst (large arrow). (B) Sagittal T1-weighted sequence displaying typical features of Haberland syndrome: extensive hyperintensity adjacent to the superior convexity and midline, corresponding to intracranial lipomatosis (large arrow); hypointense cortical calcifications located below the lipomatous area (small arrows); and subcutaneous tumours on the scalp (asterisk). (C) Axial T1-weighted sequence at the level of the semioval centres: the lipomatous lesions are clearly visible in the posterior midline (large arrow). The image also displays a benign soft-tissue tumour on the right side of the temporal squama (small arrow).

the face and scalp, and periorbital anomalies.³ Cardiac lipomatosis has also been described in patients with the disease.⁴ Some of the most frequent clinical features include partial seizures, hemiplegia, and non-progressive mental retardation; the severity of these manifestations is highly variable. Seizures usually present a wide range of clinical patterns; they initially appear in childhood, causing varying degrees of psychomotor delay and motor dysfunction. Some patients neither experience seizures nor display intellectual disability. Other neurological manifestations include spasticity and facial nerve paralysis.^{3,5} Some authors have reported cases of subarachnoid haemorrhage secondary to vascular malformations.^{6,7} The wide range of neurological manifestations of Haberland syndrome makes purely symptomatic diagnosis a challenge.

We present the case of a 15-year-old boy who was referred to our hospital due to alopecia, multiple episodes of seizures since childhood, and phakomatous lesions on the face and scalp. The patient was born in 2001. His mother had a relatively severe episode of flu-like symptoms during the final stages of gestation; the aetiology of the episode was not confirmed. The patient's medical history notes complications during delivery, which may have caused fetal distress. During childhood, the patient experienced multiple seizures, mainly generalised tonic-clonic seizures and particularly affecting the right side of his body. In most cases, seizures were preceded by fever and symptoms of nasopharyngeal inflammation, and were therefore classified as febrile seizures. According to neurological reports, however, some episodes included left-sided focal motor seizures associated with ipsilateral head deviation, and other episodes were compatible with atonic seizures characterised by generalised muscle weakness, drowsiness, and sphincter relaxation.

Neurological alterations persisting at the time of the consultation included cerebral palsy, mild macrocephaly, psychomotor delay, left-sided pyramidal signs, and ataxia of central origin aggravated by lumbar scoliosis and lower limb dysmetria.

The patient had multiple skin alterations, including bilateral frontal and left-sided temporal alopecia, a low hairline,

and numerous polypoid cutaneous nodules, diagnosed as fibrolipomas, which were irregularly distributed over the face and scalp.

He also had bilateral clinodactyly of the fifth finger, delayed bone age, strabismus in the right eye, and recurrent episodes of pharyngoamygdalitis nearly from birth.

During early childhood, the patient underwent numerous imaging studies. At age one, a cranial CT scan displayed cortical atrophy mainly affecting the frontal lobes. Another cranial CT scan performed at age 5 also revealed bilateral cortical calcifications adjacent to the upper and middle portions of the parietal lobes.

Between ages 10 and 15, the patient's admissions to hospital drastically decreased in frequency, coinciding with administration of antiepileptic treatment (phenobarbital plus carbamazepine). After this period, the frequency and severity of tonic-clonic seizures increased again. The patient underwent numerous electroencephalographic studies, which yielded non-specific results. Finally, coinciding with worsening of epilepsy, the patient was referred to our hospital's radiodiagnostics department to undergo a brain MRI, which led to a definitive diagnosis of Haberland syndrome. The MRI scan showed cerebral atrophy and confirmed that the mass located on the right portion of the middle cranial fossa was an arachnoid cyst. The latter appeared as a homogeneous, well-defined lesion and was hypointense on T1-weighted sequences and moderately hyperintense on T2-weighted sequences (Fig. 1). Cerebral calcifications were not as clearly visible on MRI as on CT. The MRI scan revealed patchy hypointense areas on T1- and T2-weighted sequences; these were located mainly at the midline, under the superior convexity, affecting the cortical parietal convexity bilaterally (Fig. 1). In addition to these, the most important finding for diagnosis was extra-axial accumulation of fat. The fat was also located at the midline, under the superior convexity, in the same area as the calcifications; and on the parietal and occipital cortex (Fig. 1). The fat was hyperintense on T1- and T2-weighted sequences and seemed to constitute the main component of the pedunculated skin lesions of the patient's face and scalp.

Despite being an extremely rare and variable condition, Haberland syndrome has some distinctive clinical and radiological features. Both neurologists and radiologists should therefore evaluate these findings as a whole to diagnose the condition as early as possible.

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2173-5808/

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Emery-Dreifuss muscular dystrophy type 2: New de novo mutation in the lamin A/C gene[☆]



Distrofia muscular de Emery-Dreifuss tipo 2: nueva mutación de novo en el gen la lamina A/C

Dear Editor,

Emery-Dreifuss muscular dystrophy (EDMD) is characterised by the following clinical triad: joint contractures beginning in childhood and initially affecting elbows, ankles, and neck; muscle weakness initially in a humero-peroneal distribution that subsequently extends to the scapular and pelvic girdle muscles; and cardiac manifestations (palpitations, syncope, heart failure, ventricular or supraventricular arrhythmias, conduction disorders, dilated/hypertrophic cardiomyopathy, and sudden death). Symptoms normally appear in the second decade of life or later.^{1–3} Prevalence is estimated at 0.13 to 0.2 cases per 100 000 population.⁴ To date, 3 genes responsible for the disease have been identified: *EMD* (encoding emerin); *FHL1* (encoding FHL1), both causing X-linked EDMD^{1,5–7}; and *LMNA* (encoding lamin A and C), responsible for autosomal dominant EDMD (AD-EDMD) and autosomal recessive EDMD (AR-EDMD).^{1,2,8} We present the case of a patient with AD-EDMD and a

heterozygous mutation in *LMNA*, c.1588C>T, which has never been described in the literature.

The patient came to our department due to muscular dystrophy which started when he was an infant; he had no relevant family history. During his first year of life he experienced difficulty maintaining the position of his head due to cervical hyperextension; he displayed toe walking, frequent falls, and showed a positive Gowers sign. A muscle enzyme test (CPK) conducted when he was 2 yielded normal results; the EMG study revealed an interference pattern with short, low-amplitude, and occasionally polyphasic potentials. Fibrillations at rest were also recorded. At the age of 4, our patient had lumbar hyperlordosis and irreducible equinovarus feet. By the age of 10, he had difficulty walking and needed a wheelchair due to muscle retractions and weakness at the scapular belt and pelvic girdle; he also experienced loss of strength in the upper limbs (2/5) and lower limbs (3/5). A muscle biopsy performed when he was 13 revealed nonspecific changes, including considerable variation in muscle fibre size. At the age of 19, he developed restrictive chronic respiratory failure secondary to chest deformities. When he was 29, he underwent pacemaker implantation due to complete atrioventricular block. Given a suspected case of EDMD with a lack of relevant family history, we sequenced the lamin A/C gene (*LMNA*). The gene was found to include the heterozygous variant c.1588C>T, leading to a missense mutation with substitution of p.Leu530Phe, resulting in an altered protein; the in silico analysis confirmed the pathogenicity of this mutation. Neither of the parents expressed this mutation; our patient was diagnosed with AD-EDMD. He developed ventricular tachycardias requiring the implantation of an automatic defibrillator. He died in his fourth decade due to pulmonary aspiration.

The variant found in our patient (c.1588C>T) has never been described in the literature. However, a similar variant (c.1589T>C) has been reported; this variant results in a

[☆] Please cite this article as: Ortiz Madinaveitia S, del Valle Sanchez M, Sagarra Mur D. Distrofia muscular de Emery-Dreifuss tipo 2: nueva mutación de novo en el gen la lamina A/C. *Neurología*. 2018;33:554–555.