

14-3-3 protein determination were all negative. Radiological studies and CSF anti-neuronal antibody determinations revealed no tumours.

The clinical, imaging, and laboratory findings led to suspicion of SSP; diagnosis was confirmed by high anti-measles virus antibody titres in the serum and CSF (1:10 and 1:134, respectively). The patient had no history of infection or exposure to measles virus and had been vaccinated against the virus. In the following 6 months, the patient's clinical symptoms worsened progressively: he displayed myoclonus in the form of periodic supraversion eye movements and refractory tonic-clonic seizures. A follow-up MRI scan revealed severe cerebellar and brainstem atrophy (Fig. 1: 2a, 2b, 3a, and 3b). The patient is currently in a vegetative state, displaying akinetic mutism.

SSP typically presents during the first and second decades of life; only 100 cases of adult-onset SSP are described in the literature.⁴ Incidence of the condition decreased by 90% after the introduction of the measles vaccine into the vaccination schedule.⁵ A causal relationship between measles vaccination and SSP has not been determined. The cases of SSP described in patients vaccinated against measles virus are thought to be due to subclinical measles infection within the first year of life.¹

As in our case, most cases of adult-onset SSP are not associated with a history of infection or exposure to measles virus.³ Atypical symptoms are also more frequent in adult-onset SSP.^{2,3} Our patient experienced progressive motor and cognitive impairment without generalised myoclonus or periodic EEG activity; these findings are typical in advanced stages of the disease.³ High anti-measles virus antibody titres in the serum and CSF confirm the diagnosis of SSP due to their high sensitivity, specificity, and positive predictive value.^{1,2} Death usually occurs 1-3 years after symptom onset; there is currently no effective treatment for the condition.² A combination of intrathecal interferon alfa and oral isoprinosine has shown an efficacy of 30% to 35% in clinical trials.^{6,7} Our patient did not start treatment due to the advanced stage of the condition.

In conclusion, a diagnosis of SSP must be considered in young patients with progressive cognitive impairment.

Atypical symptoms are frequent in adult-onset SSP, especially in cases with compatible serology and imaging findings.

References

1. Garg R. Subacute sclerosing panencephalitis. *J Neurol*. 2008;255:1861–71.
2. Gutierrez J, Issacson PS, Koppel BS. Subacute sclerosing panencephalitis: an update. *Develop Med Child Neurol*. 2010;52:901–7.
3. Singer C, Lang AE, Suchowersky O. Adult-onset subacute sclerosing panencephalitis: case reports and review of literature. *Mov Disord*. 1997;12:342–53.
4. Prashanth LK, Taly AB, Ravi V, Sinha S, Arunodaya GR. Adult onset subacute sclerosing panencephalitis: clinical profile of 39 patients from a tertiary care center. *J Neurol Neurosurg Psychiatry*. 2006;77:630–3.
5. Campbell H, Andrews N, Brown KE, Miller E. Review of the effect of measles vaccination on the epidemiology of SSPE. *Int J Epidemiol*. 2007;36:1334–48.
6. Anlar B, Saactci I, Köse G, Yalaz K. MRI findings in subacute sclerosing panencephalitis. *Neurology*. 1996;47:1278–83.
7. Eroglu E, Gokcil Z, Bek S, Ulas UH, Ozdag MF, Odabasi Z. Long-term follow-up of patients with adult-onset subacute sclerosing panencephalitis. *J Neurol Sci*. 2008;275:113–5.

R. Martins^{a,*}, J. Peres^a, C. Casimiro^b, A. Valverde^{a,c}

^a *Servicio de Neurología, Hospital Prof. Doutor Fernando Fonseca, Amadora, Lisboa, Portugal*

^b *Servicio de Neurorradiología, Hospital Prof. Doutor Fernando Fonseca, Amadora, Lisboa, Portugal*

^c *CEDOC, Nova Medical School, Universidade Nova de Lisboa, Lisboa, Portugal*

*Corresponding author.

E-mail address: ritadossantosmartins@gmail.com

(R. Martins).

2173-5808/

© 2017 Sociedad Española de Neurología. Published by Elsevier España, S.L.U. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

Locating the site of cerebrospinal fluid leak in a patient with low cerebrospinal fluid pressure[☆]

Localización del punto de fuga de líquido cefalorraquídeo en un caso de hipotensión de líquido cefalorraquídeo



[☆] Please cite this article as: García Martín G, Rodríguez Belli AO, Padilla Parrado F, Aguilar Cuevas R. Localización del punto de fuga de líquido cefalorraquídeo en un caso de hipotensión de líquido cefalorraquídeo. *Neurología*. 2018;33:207–209.

Dear Editor:

Low cerebrospinal fluid (CSF) pressure due to meningeal tear is an infrequent but widely reported condition, often associated with typical neuroimaging findings that are helpful for diagnosis. However, it is relatively infrequent for the site of the CSF leak to be located, especially in cases secondary to mild trauma; the upper thoracic spine and cervico-thoracic junction are the most frequent locations.¹ Locating the site of the CSF leak is relevant due to the possible prognostic implications.

We present a case with striking neuroimaging findings, which enabled us to clearly locate the site of the CSF leak at the lumbar level (a rare location); this was essential to establish a definitive treatment.

Our patient was a 30-year old woman with no relevant personal history, who visited our department due to

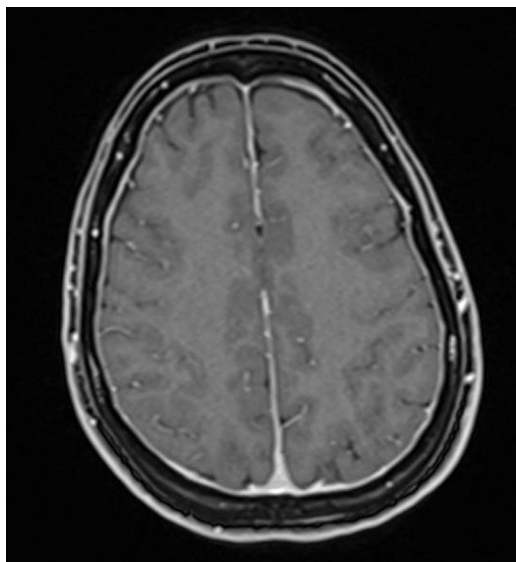


Figure 1 Brain MRI: axial T1-weighted contrast-enhanced sequence showing smooth dural enhancement.

progressive headache of 48 hours' duration. Headache started 2 hours after the patient lifted a 47-inch television set. The headache was frontal and drug-resistant, and was accompanied by nausea and vomiting. It improved only with bed rest and intensified when the patient stood. Physical examination revealed nuchal rigidity with positive Kernig and Brudzinski signs.

We suspected post-traumatic low CSF pressure headache, and the patient was admitted to the neurology department. A contrast-enhanced brain magnetic resonance imaging (MRI) scan only revealed generalised smooth dural enhancement (Fig. 1); a cervical, dorsal, and lumbar MRI with and without contrast showed no significant alterations; an MR myelography revealed an opening pressure of 1 cm of water and bilateral extravasation of the contrast agent and CSF through the L1/L2, L2/L3, L3/L4, L4/L5 roots; this was compatible with CSF leak, possibly associated with rupture of the meningeal diverticula (Fig. 2).

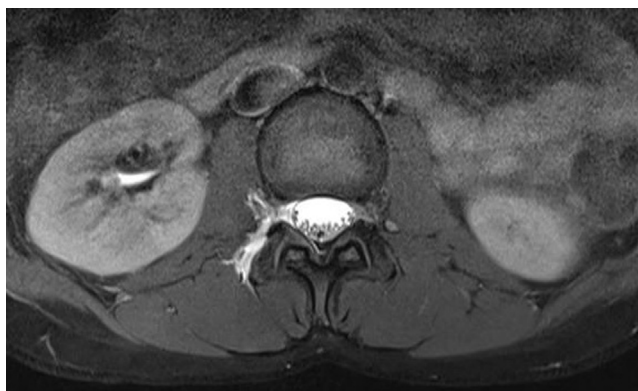


Figure 2 Lumbar MR myelography: extravasation of CSF with contrast uptake.

These findings confirmed the diagnosis of low CSF pressure secondary to meningeal tear of the L1/L2, L2/L3, L3/L4, and L4/L5 roots of post-traumatic aetiology, associated with rupture of the meningeal diverticula.

As the site of CSF leak was located by MRI, symptoms could be controlled by placing an autologous blood patch at the site of the fistula.

Minor trauma has been described as a cause of CSF leaks,² although the site is not always located. If this entity is not previously suspected, the diagnosis may be overlooked in these cases, given the apparent unimportance of the trauma.

The most frequent findings in contrast MRI³ are: (a) diffuse dural enhancement (the most frequent and characteristic) and pituitary enlargement caused by venous vasodilation compensating for the decreased CSF volume, leading to meningeal and pituitary gland congestion, and in turn, to increased contrast uptake⁴; and (b) presence of subdural fluid collections (intracranial and spinal). Intracranial collections are secondary to venous rupture after a decrease in CSF volume and downward displacement of the brain; spinal collections are mainly caused by the leakage and physical accumulation of CSF due to the effect of gravity,⁵ as in the case of our patient. In any case, rostrocaudal gradient and the presence of subdural collections are relatively infrequent.^{1,6}

Locating the site of CSF leak is important because it may facilitate treatment with autologous blood patches at the site of the fistula, with the upper thoracic spine or cervico-thoracic junction being the most frequent locations, as mentioned previously.¹

The interest of this case is the unusual location of the site of the CSF leak, and the neuroimaging findings, which clearly located the site of the CSF leak by showing the presence of a spinal subdural fluid collection and the extravasation of contrast agent at the level of the lumbar roots, which is a relatively infrequent occurrence.¹

References

1. Sarrafzadeh A, Hopf SA, Gautschi OP, Narata AP, Schaller K. Intracranial hypotension after trauma. Springerplus. 2014;3:153.
2. Lay CL, Campbell JK, Mokri B. Low cerebrospinal fluid pressure headache. In: Goadsby PJ, Silberstein SD, editors. Headache. Boston: Butterworth-Heinemann; 1997. p. 355.
3. Schievink WI. Spontaneous spinal cerebrospinal fluid leaks and intracranial hypotension. J Am Med Assoc. 2006;295:2286.
4. Hernández Castro A, Escribano Talaya M, Lozano Setién E, Losa Palacios A, Gómez Jiménez F, Abad Ortiz L. Síndrome de hipotensión intracraneal: hallazgos en RMN. In: Comunicación-poster en Congreso de la Sociedad Española de Radiología SERAM. 2012., <http://dx.doi.org/10.1594/SERAM.2012/S-0690>.
5. Ortega R, Pastor S, Escamilla F, Romero MI. Síndrome de hipotensión intracraneal espontánea: hallazgos en RMN en dos pacientes. Radiología. 1999;41:91–102.
6. Matias Guiu JA, Ramos Levi A, Casas Limón J, Cuadrado Perez ML, Porta-Etessan J. Síndrome de hipotensión intracraneal espontánea: importancia de los hallazgos en la resonancia magnética. Rev Neurol. 2012;54:445.

G. García Martín^{a,*}, A.O. Rodríguez Belli^a,
F. Padilla Parrado^a, R. Aguilar Cuevas^b

^a *Servicio de Neurología, Hospital Virgen de la Victoria,
Málaga, Spain*

^b *Servicio de Radiodiagnóstico, Hospital Virgen de la
Victoria, Málaga, Spain*

* Corresponding author.

E-mail address: guillermartinagmartin@gmail.com

(G. García Martín).

2173-5808/

© 2017 Sociedad Española de Neurología. Published by Elsevier
España, S.L.U. This is an open access article under the CC
BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).