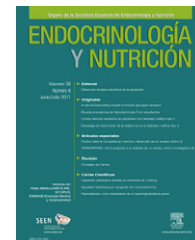




# ENDOCRINOLOGÍA Y NUTRICIÓN

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## LETTER TO THE EDITOR

### Dr. José Luís Rodríguez-Miñón, a defender of Paulescu as the discoverer of insulin<sup>☆</sup>

#### El Dr. José Luís Rodríguez-Miñón, defensor de Paulescu como descubridor de la Insulina

Sir,

In relation to the very interesting editorial published by your journal entitled: *The discovery of insulin: the controversy continues*,<sup>1</sup> I would like to emphasize the role played by Dr. José Luís Rodríguez Miñón, founder of the Spanish Diabetes Association, an outstanding member of the IDF, and an honorary member of EASD, in his consistent defense of Paulescu as the discoverer of insulin.

Having become indirectly acquainted through Ion Pavel with Paulescu's studies, Dr. José Luís Rodríguez Miñón states in his magnificent book: *Diabetes: three thousand years of history*,<sup>2</sup> that Paulescu was able to isolate insulin before Banting and Best. Previously, in 1988, Dr. José Luís Rodríguez Miñón stated in the journal *Diabetes*, in an article entitled *The first diabetic patients treated with insulin*,<sup>3</sup> that

Paulescu was able to isolate insulin eight months before Banting and Best.

The expansion of this historical outline with these quotations would complete the statements by the authors in this and other recent publications on the same subject.

### References

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2. Rodríguez-Miñón JL. *La diabetes: tres mil quinientos años de historia.* Madrid: NovoNordisk; 1991.
3. Rodríguez-Miñón JL. Los primeros diabéticos tratados con insulina (IV). *Diabetes.* 1988;4:7–10.

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