



Scientific letters

Heterotopic Pancreas. Intestinal Obstruction Caused by a Jejunal Intussusception[☆]



Páncreas heterotópico. Obstrucción intestinal por invaginación del yeyuno

Intestinal obstruction secondary to heterotopic pancreas (HP) is a rare pathology. We present the case of a 42-year-old male patient with no history of interest who came to our emergency department due to continuous, diffuse abdominal pain over approximately the previous 24 h. He also presented nausea and vomiting, with no other associated symptoms.

Physical examination revealed hemodynamic stability and marked abdominal distension but no signs of peritoneal irritation.

Blood work showed an increase in leukocytes ($17 \times 10^9/L$) with neutrophilia. Biochemistry analysis showed amylase and lipase in normal ranges, as well as the liver profile, except for slightly elevated GOT and GPT (60 and 68 IU/L). Likewise, abdominal X-ray detected air-fluid levels in the small intestine. In the absence of signs of seriousness and the good clinical condition of the patient, we decided to admit the patient for conservative management.

24 h after admission, the patient showed no improvement in symptoms or analytical parameters. Therefore, a computed tomography (CT) scan was done with intravenous contrast, which showed proximal dilatation of small bowel loops with uptake in a segment of the jejunum, suggesting intestinal intussusception, with little free fluid in the bottom of the sac. Given these findings, we decided to proceed with surgery (Figs. 1 and 2).

Under general anesthesia, exploratory laparotomy confirmed the presence of intestinal intussusception caused by a tumor and exophytic growth, with no involvement of neighboring organs. Retrograde drainage was conducted of the content proximal to the stoppage and the lesion was resected with free margins of (5 cm). The procedure was completed with isoperistaltic side-to-side anastomosis. The patient progressed favorably, with no complications, and was discharged on the fifth day post-op.

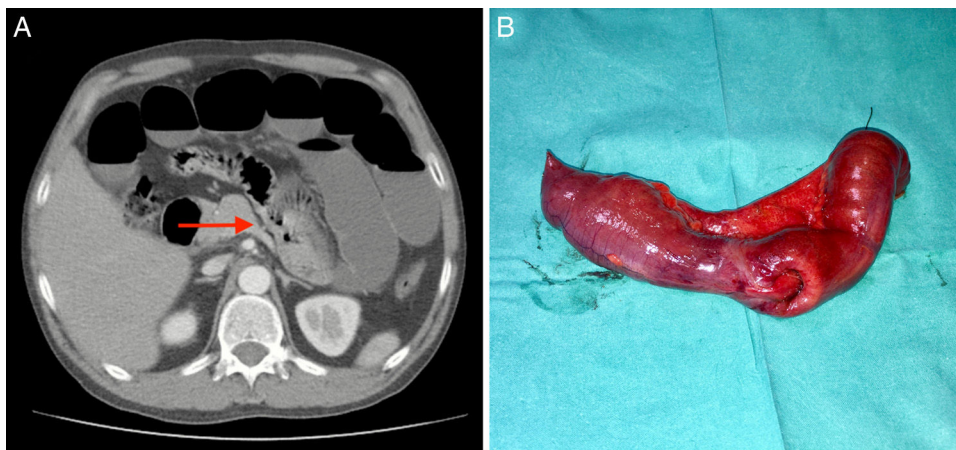


Fig. 1 – Abdominal CT scan demonstrating the point of obstruction (A) and the surgical piece (B).

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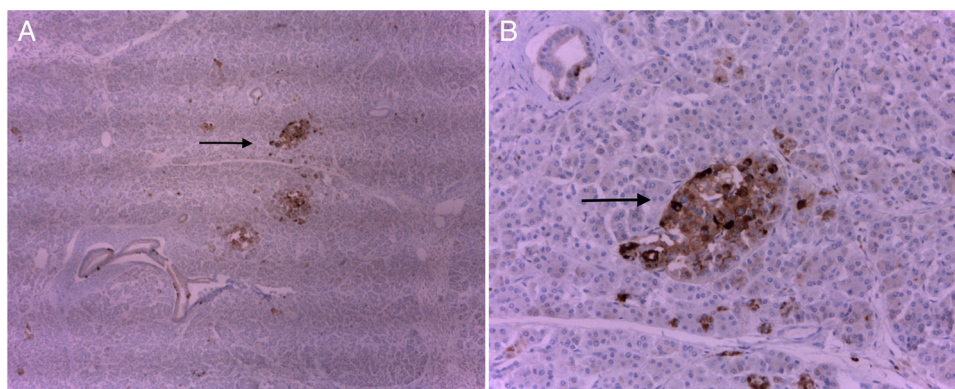


Fig. 2 – Images of immunohistochemistry with chromogranin: the neuroendocrine cells of the islets of Langerhans are stained brown (right image at higher magnification, 40×).

In the microscopic study of the surgical piece, the tumor was described as normal pancreatic tissue, exocrine with lobules and ducts. Mentioned was also made of endocrine tissue with islets of Langerhans. Microabscessed foci of polymorphonuclear cells were observed in the wall of the loop and surrounding the heterotopic pancreatic tissue.

After 6 months of follow-up, the patient was clinically asymptomatic. On the follow-up CT, no notable alterations were found.

HP is defined as “pancreatic tissue that has no vascular or anatomical communication with the pancreas itself”.¹⁻³ The first case of HP developed in an ileal diverticulum and was reported by Jean Schultz in 1727, but the first histological confirmation dates from the 19th century, by Klob in 1859.⁴ According to necropsy studies, the prevalence is between 0.6% and 12.7%, with a predominance in males in their fifth and sixth decades of life.^{3,5} HP is most often found in the stomach (25%–38%), and the antrum is the most common place in 90%. It can also appear in the duodenum (17%–36%), jejunum (15%–21%) and other less common places such as bile ducts, mesentery, omentum, etc.^{3,6,7}

There are basically 2 theories about its origin:

- The first suggests that the pancreas is created from the invagination of endodermal tissue in the primitive duodenum. The head of the pancreas is born from its ventral exposure, and the body and tail from its dorsal exposure. This is called the “poor position” theory because it refers to the fact that, during rotation of the proximal intestine, some elements of the primitive pancreas can be separated and thereby eventually develop into other tissues.^{1,6,8}
- The second is called the “metaplasia theory”. This puts forth the possibility that the HP is born from areas of pancreatic metaplasia of the endoderm, which migrate to the submucosa during embryogenesis.^{8,9}

The majority of cases are asymptomatic and are found during an abdominal study due to another cause, during laparotomy or during autopsy.^{2,3,5,6,8-10} Symptoms depend on the size and location of the lesion. Thus, it can more frequently

cause abdominal pain, gastrointestinal bleeding, nausea and/or vomiting, among other less specific symptoms.^{11,12} These symptoms predominate when the lesion is greater than 1.5 cm or is in a pre-pyloric position.^{2,3,6,9} It is rare for an injury to cause obstruction or intussusception. However, lesions of this type in the context of an emergency can simulate other entities, such as stromal tumors. The secretion of pancreatic hormones or enzymes and the subsequent inflammation or chemical irritation of the tissue may also be related to the initial symptoms.¹⁰⁻¹² Likewise, if the heterotopic pancreatic tissue is functionally viable, it can cause pancreatitis, pseudocysts, abscesses and/or neoformations, such as adenocarcinoma of the pancreas.¹¹

The recommended initial study is upper gastrointestinal endoscopy if the HP is located in the stomach or first portion of the duodenum.⁸ Currently, complementary tests such as endoscopic ultrasound have an important role and are able to diagnose HP between 0.5 and 2 cm in diameter, and, used together with fine needle aspiration (FNA), sensitivity can reach 80%–100%.^{3,9} Other detection methods, such as CT, barium transit, magnetic resonance imaging or capsule endoscopy may be useful depending on the location and clinical symptoms. This entity is usually an incidental finding and its diagnosis is difficult as it is not initially considered in the differential diagnosis.

The criterion to indicate a more important intervention is the presence of symptoms due to the location or secondary to a complication. It is recommended to perform complete exeresis of the HP if it is found incidentally during surgery, if it has a diameter equal to or greater than 3 cm, and obviously if there are symptoms.^{6,10} Currently, there are not enough cases to recommend endoscopic follow-up versus surgical intervention.⁶

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Selective Embolization of the Superior Rectal Artery: An Alternative to Hemorrhoid Surgery? ☆☆☆



Embolización selectiva de la arteria rectal superior, ¿alternativa a la cirugía hemorroidal?

Hemorrhoids are the most frequent proctologic disease. Their incidence, however, is difficult to establish, since many patients do not go to the doctor.¹ There is a maximum incidence between the ages of 45 and 60, with a peak of 50% in people over 50. The distribution between sexes is similar.²

The initial treatment is based on dietary and hygienic or instrumental measures, but currently up to 10% of patients with clinical persistence require surgical intervention. The reference technique continues to be Milligan-Morgan hemorrhoidectomy.³

There is a significant group of patients affected by other diseases in whom the surgical treatment of hemorrhoidal disease would be inadvisable. Patients with inflammatory bowel disease (IBD) can present with hemorrhoids, with an estimated incidence of 7% in patients with Crohn's disease.⁴ However, many patients do not consult for hemorrhoid

symptoms, blaming their discomfort on IBD. In these patients, especially in the case of presenting local inflammatory crises, hemorrhoidectomy or even ligation may entail major complications.^{5,6} The reported complication rates ranges from 15 to 40% in Crohn's disease (CD).^{7,8}

Another group at risk for hemorrhoidectomy are patients with a certain degree of fecal incontinence or who have undergone anal surgery procedures, such as internal fistulotomy or sphincterotomy. The excision of the hemorrhoidal plexuses could trigger or aggravate the existing incontinence.

Other patients who are not good candidates for surgery include those who are immunosuppressed, induced either by drugs or by viral disease.

In 2014, Vidal et al.^{9,10} described the "Emborrhoid" technique, consisting of selective occlusion of the superior rectal artery, decreasing the hyperflow of blood in the

☆ This study was presented as a poster at the Nacional Coloproctology Conference in 2016 after treating 2 cases.

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