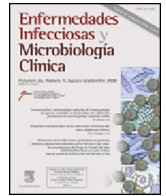




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Original article

## *Mycoplasma genitalium* macrolide resistance update: Rate among a 2016–2017 cohort of patients in Barcelona, Spain



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### ABSTRACT

**Introduction:** *Mycoplasma genitalium* is a major cause of urethritis and other genital syndromes. Antibiotic resistance, especially to macrolides, is increasing at an alarming rate worldwide. The aim of this study was to estimate the rate of macrolide resistance in *M. genitalium* among a 2016–2017 cohort of patients in Barcelona, Spain; and to compare this estimate with previous data from 2013 to 2014 in this region.

**Methods:** The study was conducted retrospectively with *M. genitalium*-positive samples collected between December 2016 and February 2017 at the Hospital Vall d'Hebron Microbiology Department. Genotypic markers of macrolide resistance were primarily detected using the ResistancePlus<sup>®</sup> MG molecular assay (SpeeDx). Mutations were then confirmed by sequencing.

**Results:** Macrolide resistance-mediating mutations were detected in 30/83 infections (36.1% [95% CI, 25.9%–47.4%]). This resistance was more frequent among men who have sex with men (55.0% [95% CI, 38.5%–70.7%]) compared to heterosexual men (27.3% [95% CI, 10.7%–50.2%]) and women (9.5% [95% CI, 1.3%–30.4%]),  $p < 0.001$ . Additionally, macrolide resistance did not significantly increase in this cohort when compared with previous investigations.

**Conclusion:** Despite the current notable rate of macrolide resistance in *M. genitalium*, resistance did not significantly increase between 2013–2014 and 2016–2017 in our region. Nevertheless, strict local surveillance and the implementation of rapid diagnostic tests that combine the detection of the bacterium and resistance-mediating mutations may facilitate the optimization of antibiotic administration and reduce the transmission of resistance in *M. genitalium*.

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## Actualización en *Mycoplasma genitalium* y resistencia a macrólidos: tasa en una cohorte de pacientes entre los años 2016–2017 en Barcelona, España

### RESUMEN

**Introducción:** *Mycoplasma genitalium* es causa de uretritis y otras enfermedades genitales. Las resistencias antibióticas, especialmente a macrólidos, están aumentando de forma alarmante a nivel mundial. El objetivo del estudio fue estimar la tasa de resistencia a macrólidos en *M. genitalium* sobre una cohorte de pacientes entre los años 2016–2017 en Barcelona, España; y comparar esta estimación con datos previos de 2013–2014 en esta región.

#### Palabras clave:

*Mycoplasma genitalium*

Resistencia a macrólidos

Vigilancia antibiótica

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**Métodos:** El estudio se realizó de forma retrospectiva sobre muestras positivas para *M. genitalium* recogidas entre diciembre 2016 y febrero 2017 en el Departamento de Microbiología del Hospital Vall d'Hebron. Los marcadores genotípicos de resistencia a macrólidos se detectaron en primer lugar con el ensayo molecular ResistancePlus® MG (SpeeDx). Las mutaciones se confirmaron posteriormente por secuenciación.

**Resultados:** Se detectaron mutaciones asociadas a resistencia a macrólidos en 30/83 (36,1% [IC 95%: 25,9–47,4%]) infecciones. Esta resistencia fue más frecuente en hombres que tienen sexo con hombres (55,0% [IC 95%: 38,5–70,7%]) comparada con la tasa en hombres heterosexuales (27,3% [IC 95%: 10,7–50,2%]) y mujeres (9,5% [IC 95%: 1,3–30,4%]),  $p < 0,001$ . Además, la resistencia a macrólidos no aumentó significativamente en esta serie en comparación con investigaciones previas.

**Conclusión:** A pesar de la tasa notable de resistencia a macrólidos en *M. genitalium*, esta no aumentó significativamente entre los años 2013–14 y 2016–17 en nuestro entorno. No obstante, una estricta vigilancia a nivel local junto con la implementación de pruebas diagnósticas rápidas que combinan la detección de la bacteria y las mutaciones de resistencia puede facilitar la optimización de la administración antibiótica y reducir la transmisión de resistencias en *M. genitalium*.

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## Introduction

*Mycoplasma genitalium* is a major cause of urethritis, accounting for 15–20% of non-gonococcal urethritis (NGU) in men.<sup>1</sup> Additionally, although its pathogenicity in women is less well established, this sexually transmissible infection (STI) is associated with cervicitis, pelvic inflammatory disease (PID), preterm birth and miscarriage.<sup>2</sup>

Since doxycycline demonstrated poor efficacy eradicating the infection,<sup>3,4</sup> the macrolide azithromycin (AZM), given as an extended regimen with 500 mg day one followed by 250 mg days 2–5, is the recommended first-line treatment against *M. genitalium*.<sup>5</sup> However, the widespread use of this antibiotic, particularly as a single 1 g dose, has enhanced the emergence of macrolide resistance worldwide.<sup>6–10</sup> Single-nucleotide mutations (SNPs) in domain V of the 23S ribosomal RNA (rRNA) gene, predominantly at positions 2058 and 2059 (*Escherichia coli* numbering), are consistently associated with this resistance.<sup>11,12</sup> Thus, high levels of macrolide resistance in *M. genitalium* have been reported in European countries,<sup>8,13–17</sup> in the USA and the Asia-Pacific region.<sup>9,10,18</sup> Moxifloxacin (MXF) is currently recommended as second-line antibiotic.<sup>5</sup> Nevertheless, MXF resistance is appearing in many countries,<sup>19–22</sup> including Spain (<10%),<sup>8,23</sup> associated with point mutations in the quinolone resistance determining region (QRDR) of the *parC* and *gyrA* genes.

In 2016, as a response to the increasing macrolide resistance in *M. genitalium* and the lack of therapeutic alternatives, international treatment guidelines have recommended AZM to be replaced as the initial treatment for NGU with doxycycline (DOX) 100 mg twice daily for one week.<sup>24</sup> Furthermore, commercial assays for simultaneous detection of *M. genitalium* and macrolide resistance have recently been developed.<sup>25</sup> These facts are providing an ideal scenario for the gradual implementation of “resistance-guided sequential therapy” for *M. genitalium* that has already demonstrated good efficacy, and that may potentially reduce the selection and transmission of resistance.<sup>26</sup>

To date, limited data has been published regarding AZM resistance in *M. genitalium* in Spain.<sup>8,23,27,28</sup> Thus, the aim of this retrospective study was to estimate the rate of macrolide resistance in *M. genitalium* among a 2016–2017 cohort of patients in Barcelona, Spain. Additionally, evolution of macrolide resistance in *M. genitalium* was evaluated over time by comparing these series with a previous cohort (2013–2014), studied with similar methodology in the same region.<sup>8</sup>

## Methods

### Patients and specimens

Between December 2016 and February 2017, a total of 1191 specimens from 1109 patients were tested for *M. genitalium* at the Microbiology Department of the Vall d'Hebron University Hospital. The samples were collected from four clinical settings as follows: 398 were from subjects attending to the STI Reference Unit Vall d'Hebron-Drassanes, 356 specimens came from different wards at the Vall d'Hebron University Hospital, 356 came from primary care centers in Barcelona and 81 from private clinical centers. Specimens consisted of 613 urethral swabs/first-void urines, 288 vaginal/endocervical swabs, 26 rectal swabs, 4 pharyngeal swabs, 253 semen samples and, regarding adverse pregnancy outcomes, 3 endometrial samples and 4 amniotic fluid samples.

*M. genitalium* testing was usually performed in samples from patients with urethritis, cervicitis, in sexual contacts of infected partners and when PID or chronic prostatitis were suspected. Its detection among other clinical presentations was performed only if requested by the clinician. Sociodemographic and clinical characteristics of the patients were collected through a comprehensive review of the medical record. Treatment outcomes were determined with a microbiological test of cure (TOC), usually performed three weeks after antibiotic therapy according to clinical guidelines.<sup>5</sup> Cure was defined when *M. genitalium* DNA was not detected.

Ethical approval for the study was obtained from the HUVH Ethics Committee (351/2018).

### Laboratory analyses

Firstly, clinical samples were tested for *M. genitalium* by real-time polymerase chain reaction (qPCR) using the Allplex™ STI Essential Assay (Seegene, South Korea). During the study period, positive primary samples were stored at  $-20^{\circ}\text{C}$  for subsequent analyses. These specimens were retrospectively tested for *M. genitalium* and macrolide resistance genotypic markers with the ResistancePlus® MG Assay (SpeeDx, Australia). This is a multiplex qPCR for detection of *M. genitalium* and five mutations associated with macrolide resistance (A2058G, A2059G, A2058C, A2059C and A2058T; *Escherichia coli* numbering).<sup>25</sup> Briefly, 400  $\mu\text{l}$  of sample was extracted using the NucliSENS® easyMag® platform (bioMérieux, France) and eluted in 100  $\mu\text{l}$  of elution buffer. *M. genitalium* and macrolide resistance was tested with the ResistancePlus® MG Assay on a LightCycler® 480 Instrument II

(Roche Diagnostics, Germany). Analysis of the results was performed using the supplied software. Finally, mutations were confirmed by Sanger sequencing of domain V of the 23S rRNA gene using a previously described methodology.<sup>11</sup>

### Statistical analyses

Since some patients had several specimens taken over time, only first-test-positive samples of each *M. genitalium* infection episode were selected and studied in order to estimate the rate of antimicrobial resistance.

Statistical analyses were performed using Stata (StataCorp, USA). Distributions of categorical variables were compared by Chi-squared ( $\chi^2$ ) or Fisher exact tests, and quantitative variables were evaluated by Mann–Whitney *U* test. The 95% confidence intervals (CI) of the proportions were calculated by exact methods. Differences with  $p < 0.05$  were considered statistically significant.

The original anonymized database from the study conducted by Barberá et al.<sup>8</sup> was kindly given by the corresponding author Antonia Andreu so comparison between cohorts could be performed.

### Results

Of the initial 1191 samples tested through the Allplex™ STI Essential Assay during the study period, 122 specimens (10.2% [95% CI, 8.9%–12.1%]) from 106 patients (9.6% [95% CI, 7.9%–11.4%]) resulted positive for *M. genitalium*. Positivity by specimen was: 63 were urethral swabs/first-void urines (10.3% [95% CI, 8.0%–13.0%]), 31 were vaginal/endocervical swabs (10.8% [95% CI, 7.4%–14.9%]), 22 were rectal swabs (84.6% [95% CI, 65.1%–95.6%]), one was a pharyngeal swab (25.0% [95% CI, 0.6%–80.6%]) and five were semen samples (2.0% [95% CI, 0.6%–4.6%]). Due to insufficient sample volume, of the 122 *M. genitalium* positive specimens, only 89 were suitable for subsequent analysis of macrolide resistance genotypic markers. Therefore, 89 samples collected from 86 patients with a *M. genitalium* infection were finally included in the study.

### Characterization of study individuals

The demographic and clinical characteristics of the 86 patients studied are described in Table 1. Among them, 42 were men who had sex with men (MSM) (48.8% [95% CI, 37.9%–59.9%]) and most of them were attended at the STI Reference Unit Vall d'Hebron-Drassanes. In contrast, the majority of men who have sex with women (MSW) and women came from primary health centers and the Vall d'Hebron University Hospital wards.

Considering coinfection as a concurrent infection taking place at the same location, overall 11 *M. genitalium* cases (12.8% [95% CI, 6.6%–21.7%]) were coinfecting with either *Chlamydia trachomatis* or *Neisseria gonorrhoeae*. Concretely, *C. trachomatis* was more frequent (8.1% [95% CI, 3.3%–16.1%]) than *N. gonorrhoeae* (5.8% [95% CI, 1.1%–13.0%]),  $p = 0.549$ . Among the 22 women studied, 13 (59.1% [95% CI, 36.4%–79.3%]) were investigated for aberrant vaginal flora using culture and gram staining. Only one case (7.7% [95% CI, 0.2%–36.0%]) was described as normal flora (predominance of *Lactobacillus* spp.) while 12 (92.3% [95% CI, 64.0%–99.8%]) presented some vaginal dysbiosis (bacterial vaginosis, candidiasis or aerobic vaginitis).

### Rate of macrolide resistance mediated mutations

Of the 86 *M. genitalium* infection episodes studied, macrolide resistance could not be determined in three samples using the ResistancePlus® MG Assay: one vaginal swab, one pharyngeal swab and one rectal swab. Ct values from the Allplex™ STI Essential Assay in these specific cases were 36, 38, and 37, respectively.

Therefore, of the remaining 83 *M. genitalium* infections, macrolide resistance-mediating mutations were detected in 30 episodes (36.1% [95% CI, 25.9%–47.4%]) while 53 (63.9% [95% CI, 52.6%–74.1%]) were classified as “wild type”/non-mutated (WT). Results stratified by sexual behavior are described in Table 2. Twelve HIV positive patients had a WT infection while eight had a macrolide resistant infection,  $p = 0.859$ . Additionally, five patients harboring resistant infections suffered from a previous *M. genitalium* infection episode during the last 12 months but only three patients reported so among the WT cohort,  $p = 0.100$ . Macrolide resistance in *M. genitalium* was significantly more frequent among MSM compared to MSW and women,  $p < 0.001$ . Furthermore, no significant differences in macrolide resistance rates were found by sexual behavior regarding whether they were attended in an STI-Unit or in other health centers (MSM: 14/21 (66.6%) vs 8/19 (42.1%),  $p = 0.119$ ; MSW: 2/7 (28.6%) vs 4/15 (26.7%),  $p = 0.926$ ; Women: 1/4 (25.0%) vs 1/17 (5.9%),  $p = 0.241$ ).

AZM resistance associated mutations in the 23S rRNA gene were confirmed by Sanger sequencing in 29/30 *M. genitalium* infection episodes. Thus, 12 (41.4% [95% CI, 23.5%–61.1%]) harbored a SNP at position A2058G (A2071G, *M. genitalium* numbering), 15 (51.7% [95% CI, 32.5%–70.6%]) had mutations at position A2059G (A2072G), one (3.4% [95% CI, 0.1%–17.8%]) at A2058T (A2071T) and one (3.4% [95% CI, 0.1%–17.8%]) at A2059C (A2072C). The remaining infection that tested positive for a resistant *M. genitalium* was unable to be amplified and sequenced.

### Treatment outcomes

Since the mutational analysis for macrolide resistance was performed retrospectively, antibiotic therapy was established without resistance information.

Among the 83 *M. genitalium* infection episodes which macrolide resistance status was determined, 12 did not received antibiotic therapy. Furthermore, in 29 cases information regarding therapy established could not be collected. Thereby, treatment outcomes were evaluated in 42 *M. genitalium* infections following the registrations in the medical record (Table 3). Overall, AZM was used in 26 cases (61.9% [95% CI, 45.6%–76.4%]), DOX in 10 (23.8% [95% CI, 12.1%–39.5%]) and MXF was used in six cases (14.3% [95% CI, 5.4%–28.5%]). Among the macrolide resistant cases, only MXF was able to eradicate *M. genitalium* while no treatment cure was reported using DOX neither AZM. However, no treatment failure was detected using MXF, DOX or AZM among the WT infections.

### Evolution of macrolide resistance over time

Macrolide resistance over time was evaluated in our setting, Barcelona (Spain), by comparing the current cohort with a previous one from 2013 to 2014, studied with a similar methodology.<sup>8</sup>

Firstly, similarity between both populations was evaluated in terms of age, sex/sexual behavior, presence/absence of symptoms and proportion of HIV positive patients. As shown in Table 4, no significant differences were found between cohorts although proportion of HIV positive patients was slightly higher in the 2016–2017 study. Secondly, macrolide resistance rates of both cohorts were calculated overall and stratified by sex/sexual behavior (Fig. 1). There were no significant differences between the 2013 and 2014 population cohort and the current one, neither from an overall approach ( $p = 0.895$ ) nor between MSM ( $p = 0.170$ ), MSW ( $p = 0.208$ ) or women ( $p = 0.773$ ).

### Discussion

*M. genitalium* was first isolated in 1981 from men with urethritis,<sup>29</sup> however the first PCRs for detection of *M. genitalium*

**Table 1**  
Characteristics of the 86 *M. genitalium* infection episodes.

	MSM (n = 42) No.; % (95% CI)	MSW (n = 22) No.; % (95% CI)	Women (n = 22) No.; % (95% CI)
<b>Characteristics of cases</b>			
Age (range)	34.8 (20.2–68.7)	33.6 (20.2–64.3)	27.5 (18.7–41.4)
<b>Recruiting site</b>			
STI unit	22; 52 (36–68)	7; 32 (14–55)	5; 23 (8–45)
Hospital	1; 2 (0.1–13)	–	3; 14 (3–35)
Primary health	5; 12 (4–26)	15; 68 (45–86)	14; 64 (41–83)
Other	14; 33 (20–50)	–	–
<b>Medical history</b>			
HIV positive <sup>a</sup>	21; 50 (34–66)	–	–
Syphilis history	9; 21 (10–37)	2; 9 (1–29)	1; 5 (0.1–23)
<b>Clinical findings</b>			
Symptomatic <sup>b</sup>	19; 45 (30–61)	13; 59 (36–79)	11; 50 (28–72)
<b>Specimens (No.)</b>			
Vaginal/endocervical swab	–	–	22; 100 (85–100)
Urethral swab/first-void urine	24; 57 (41–72)	22; 100 (85–100)	–
Pharyngeal swab	1; 2 (0.1–13)	–	–
Rectal swab	20 <sup>c</sup> ; 48 (32–64)	–	–
<b>Coinfection</b>			
<i>N. gonorrhoeae</i>	2; 5 (0.6–16)	1; 5 (0.1–23)	2; 9 (1–29)
<i>C. trachomatis</i>	3; 7 (2–20)	2 <sup>d</sup> ; 9 (1–29)	2; 9 (1–29)

MSM indicates men who have sex with men; MSW, men who have sex with women; CI, confidence intervals; HIV, human immunodeficiency virus.

<sup>a</sup> In 10 individuals (six women, three MSW and one MSM), HIV status information was missing.

<sup>b</sup> Information regarding symptomatology was missing in 29 *M. genitalium* infections (six female infection, seven infections in MSW and 16 infections in MSM).

<sup>c</sup> Three patients had concurrent urethral and rectal infection by *M. genitalium*.

<sup>d</sup> One patient was co-infected with both *C. trachomatis* and *N. gonorrhoeae* in urethra.

**Table 2**  
Rate of macrolide resistance in *M. genitalium* stratified by sexual behavior.

Sexual behavior/Specimens	WT MG No.; % (95% CI)	23S rRNA mutant MG No.; % (95% CI)	Total No.
MSM	18; 45.0 (29.3–61.5)	22; 55.0 (38.5–70.7)	40
Urethral swab/first-void urine	8; 38.1 (18.1–61.6)	13; 61.9 (38.4–81.9)	21
Rectal swab	9; 56.3 (29.9–80.2)	7; 43.8 (19.8–70.1)	16
Urethral & rectal swab	1; 33.3 (0.8–90.6)	2; 66.7 (9.4–99.2)	3
MSW <sup>a</sup>	16; 72.7 (49.8–89.3)	6; 27.3 (10.7–50.2)	22
Women <sup>b</sup>	19; 90.5 (69.6–98.8)	2; 9.5 (1.2–30.4)	21
Total	53; 63.9 (52.6–74.1)	30; 36.1 (25.9–47.4)	83

MSM indicates men who have sex with men; MSW, men who have sex with women; MG, *Mycoplasma genitalium*; WT, "wild type"/non-mutated; CI, confidence intervals.

<sup>a</sup> All infections were detected in urethral swabs/first-void urines.

<sup>b</sup> All infections occurred in vaginal/endocervical swabs.

**Table 3**  
Treatment outcomes of the *M. genitalium* infections with determined macrolide resistance status.

MG infections No.; % (95% CI)	Antibiotic therapy, No.; %	Treatment cure No.; %	Treatment failure No.; %	Loss to follow-up, No.; %
<b>23S rRNA mutant cases, 30; 36.1 (25.9–47.4)</b>				
Doxycycline	3; 10	0	2; 67	1; 33
Azithromycin <sup>a</sup>	11; 37	0	5; 45	6; 55
Moxifloxacin	3; 10	3; 100	0	0
NT/ND	13; 43	–	–	–
<b>WT cases, 53; 63.9 (52.6–74.1)</b>				
Doxycycline	7; 13	2; 29	0	5; 71
Azithromycin <sup>b</sup>	15; 28	5; 33	0	10; 67
Moxifloxacin	3; 6	1; 33	0	2; 67
NT/ND	28; 53	–	–	–

MG indicates *Mycoplasma genitalium*; CI, confidence intervals; NT/NF, no treatment or information not found; WT, "wild type"/non-mutated.

<sup>a</sup> Five infections were treated with the extended regimen of azithromycin and six were treated with single 1 g dose azithromycin.

<sup>b</sup> Ten infections were treated with the extended regimen of azithromycin and five were treated with single 1 g dose azithromycin.

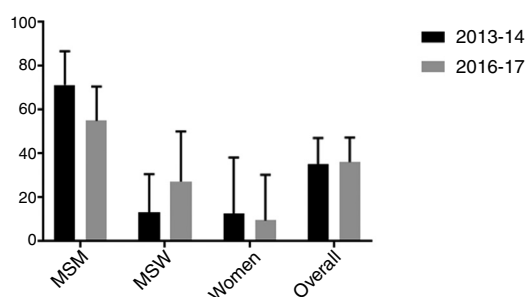
were not developed until the early 1990s.<sup>30</sup> Thenceforth, the role of *M. genitalium* in urethritis and many other anogenital disorders has been established. In addition, the antibiotic resistance profile of *M. genitalium* has been rigorously studied, especially after the

appearance of the first AZM treatment failures in *M. genitalium* associated with SNPs in domain V of the 23S rRNA gene.<sup>6,11</sup> Despite these efforts, *M. genitalium* remains still underdiagnosed in some areas due to the lack of easy access to diagnostic tools. Additionally,

**Table 4**Comparison between the characteristics of patients from the 2013 to 2014 cohort (Barberá et al.<sup>8</sup>) and the 2016–2017 cohort.

Characteristics of patients	Barbera et al. <sup>8</sup> 2013–2014 cohort % (CI 95%)	2016–2017 cohort % (CI 95%)	p Value
Age (range)	31.3 (18.0–50.0)	32.65 (18.7–68.7)	0.324
Sex/Sexual behavior			
MSM	39.3 (28.8–50.5)	48.8 (37.9–59.9)	0.210
MSW	36.9 (26.6–48.1)	25.6 (16.8–38.1)	0.111
Women	23.8 (15.2–34.3)	25.6 (16.8–38.1)	0.789
Symptomatic	76.2 (65.7–84.8)	75.4 (62.2–85.9)	0.918
HIV positive	16.7 (9.4–26.4)	27.6 (18.0–39.1)	0.093

MSM indicates men who have sex with men; MSW, men who have sex with women; HIV, human immunodeficiency virus; CI, confidence intervals.

**Fig. 1.** Rate of macrolide resistance during periods 2013–2014 and 2016–2017 in Barcelona, Spain. Results are displayed overall and stratified by sex/sexual behavior.

the alarming capability of this pathogen to develop antimicrobial resistance has complicated the current clinical management of the infection.<sup>31</sup>

This research provides further evidence regarding macrolide resistance in Spain, where epidemiological data remains limited.<sup>8,23,27,28</sup> In the current study, the rate of macrolide resistance in *M. genitalium* was 36% overall. However, macrolide resistance was significantly more frequent among MSM (55%) compared to MSW or women (27% and 10%, respectively),  $p < 0.001$ ; findings previously reported.<sup>8</sup> Additionally, results from this 2016 to 2017 cohort were compared with a previous report published by Barberá et al.,<sup>8</sup> where macrolide resistance in *M. genitalium* was estimated in similar settings in Barcelona during 2013–2014 with comparable methodology. Inferences from this analysis indicate that macrolide resistance did not significantly increase during this period; neither from an overall approach nor within specific subpopulations (MSM, MSW and women).

Emerging macrolide resistance in *M. genitalium* has been widely reported in the last decade, approaching or even exceeding 50% in many countries.<sup>8–10,13–18</sup> Nevertheless, most of these cross-sectional studies focus on very specific populations at risk for STIs. So, there is limited longitudinal data regarding the overall evolution of macrolide resistance among general population in the medium term.<sup>17</sup> Our research suggests that macrolide resistance may be stabilizing around 35%, at least in our local epidemiology. Several factors could be influencing this situation. Firstly, there is increasing concern about *M. genitalium* and antibiotic resistance worldwide since first treatment failures appeared a decade ago.<sup>6,11</sup> Consequently, medical societies are fully aware of this issue leading to a significant improvement on the diagnosis and management of *M. genitalium* infections in many settings.<sup>5,25</sup> Secondly, since May 2016, as a response to the increasing macrolide resistance in *M. genitalium*, European guidelines changed to recommend DOX as the first line treatment for non-filiated NGU as the initial empirical approach.<sup>24</sup> Thus, this statement also recommends the posterior investigation for further infectious aetiologies (including *M. genitalium* and macrolide resistance, if available) in order to refine the empirical therapy. Indeed, this treatment change may have contributed to control the spread of macrolide resistance

in *M. genitalium*. In fact; Jensen, in a recent comment in *Lancet Infect Dis*,<sup>31</sup> highlighted the case of Sweden where DOX has been and remains the only recommended antimicrobial treatment for *C. trachomatis* and where the prevalence of macrolide resistance in *M. genitalium* is among the lowest in western Europe, at less than 20%.<sup>15</sup> Finally, macrolide resistance in our settings may have reached the plateau leading its stabilization around 35%.

Some limitations to our report must be addressed. First, we should remark that many of the patients included, especially MSM, attended the STI Unit Vall d'Hebron-Drassanes. This clinic is particularly specialized in high risk populations where we could expect higher proportions of macrolide resistance. So, our study may slightly overestimate the real prevalence of macrolide resistance in *M. genitalium* among general population in our region. Second, due to the retrospective design of the research, many registrations (mainly regarding treatment outcomes) are missing and limit the power of the results. Finally, it should be noted that *M. genitalium* was not unlimitedly tested but only on certain clinical presentations as mentioned in methodology.

No selection of resistance mutations was reported among the WT cases treated with AZM although TOC was only performed in 5/15 cases (33%). Additionally, no treatment failures were detected using MXF. Regarding symptoms, there were no cases of proctitis. Nevertheless, it is noteworthy the high proportion of disrupted vaginal biome in women with *M. genitalium* infections in our cohort (92%).

In conclusion, this study provides further data regarding macrolide resistance in *M. genitalium* in Spain. Additionally, a comparison between the current data and previous investigations indicates that macrolide resistance in *M. genitalium* did not significantly increase, at least between 2013 and 2017 in our study area, Barcelona. This evidence contrasts with the increasing emergence of antimicrobial resistance in *M. genitalium* worldwide and could provide a second opportunity for the adequate utilization of AZM against *M. genitalium* based on novel approaches such as sequential-resistance-guided and/or dual therapy.<sup>26,32</sup> Nevertheless, AZM resistance continues to be a major concern in *M. genitalium* since therapeutic alternatives remain scarce. A strict local surveillance of *M. genitalium* and its antibiotic resistance is evidently required to facilitate the optimization of antibiotic administration for NGU and *M. genitalium* infections, and reduce the selection and transmission of resistance. Indeed, the implementation of combined diagnostic-resistance tests for *M. genitalium* plays a key role in this purpose.

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## Conflicts of interest

SpeeDx Pty Ltd. supplied all the reagents for molecular testing of *M. genitalium*. CFN is a researcher who has received partial salary

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