



Images in medicine

Cutaneous sarcoidosis

Sarcoidosis cutánea

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A 42-year-old female came to our clinic with skin lesions in the left periorbital region that appeared spontaneously and progressively over the past 7 months. The patient did not comment on any other symptoms. No personal pathological history was reported. Physical examination showed numerous, non-tender, infiltrated red plaques of diverse sizes, and asymmetrical shapes in the left periorbital area (Fig. 1). Other systemic examinations



Fig. 1. General appearance of the infiltrated-red plaques on the skin of the left periorbital region.

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revealed no abnormalities. Histopathological analysis was characterized by a dermic inflammatory infiltrate constituted predominantly of epithelioid cells and limited multinucleated giant cells. Special stain for mycobacterium and fungus was negative. The clinical diagnosis was cutaneous sarcoidosis. The patient was treated with oral prednisone and topical halometasone cream. After 1 week of treatment, an improvement of the lesions was notable.

Ethical consideration

Patient written informed consent was obtained.

Ethical committee

Comité de Investigación de la UDEM.

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Declaration of competing interest

None.

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