



# Atención Primaria

www.elsevier.es/ap



## SCIENTIFIC ARTICLES

### Preface

The following scientific articles are framed in the scope of the investigation project “Monitoring health indicators in children and adolescents: Impact of health education” (Reference: PTDC/CPE-CED/103313/2008), financed by the Foundation for Science and Technology - the *central Portuguese governmental institution responsible for financing and evaluating the scientific and technological system*. It was in the scope of this project that the first edition of this worldwide congress was programmed and conceived, having as reference a group of investigations taken place, in the last 5 years, in the domain of the childhood and juvenile health. Under the coordination of Professor Doctor Carlos Albuquerque an immense team of investigators, connected to the project, aimed their researches towards monitoring and deepening the art status of the investigation and to step in two behaviours that have been identified, in American and

European studies, as predictors of the childhood-juvenile morbidity rates: food behaviour and sexual behaviour. With both studies we discovered true contributes to the efficiency of education for health in these areas of knowledge and defined technical orientations which guide the intervention, aimed at children, teenagers, families, healthcare services and schools. A part of the evidence produced is in the scientific articles of this publication building up the realization indicators of the named project, communicated firstly to all participants of the 1<sup>st</sup> World Congress of Children and Youth Health Behaviors and also to all scientific community. It was this dare, placed to the team of investigators, who kindly accepted our challenge. We thank them.

**The President of the Scientific Board**  
**Manuela Ferreira, PhD, ESSV**