## Interesting images

## Cardiovascular [18F]F-FDG PET/MRI in the diagnosis of acute cardiomyopathy inflammatory



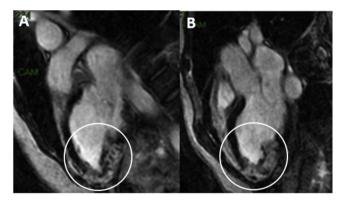
## PET/RM cardiovascular con [18F]F-FDG en el diagnóstico de miocardiopatia aguda inflamatoria

J.R. Garcia\*, R. Olivero, M. Panelo, L. Mont, L. Pinilla, M.E. Riera, A. Maceira

CETIR ASCIRES, C/Viladomat 299, Barcelona, Spain

A 44-year-old woman, with slight cognitive delay, without cardiovascular risk factors, and history of multiple repetitive strokes in several cerebral territories, without showing relevant findings in arteriography in any of these acute episodes. MR angiography showed acute/subacute ischemic infarcts in multiple vascular territories, chronic microbleeds and superficial siderosis suggesting small vessel disease, including amyloid angiopathy among the aetiologies. The EKG showed sinus rhythm, with wide QRS and negative T in precordial derivations. The echocardiogram showed preserved systolic function (LVEF), without segmental alterations in contractility, with doubtful apical hypertrophy.

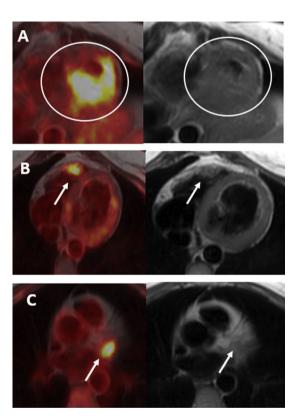
In the context of recurrent stroke, chronic anticoagulant treatment was initiated, presenting a new episode of left anterior ischemic stroke with normal arteriography. The study was completed with Holter-EKG showing sinus rhythm throughout the recording, with negative Ts and a cardiac MRI that showed cardiomyopathy with slightly depressed LVEF and Gadolinium retention with a mixed pattern: non-ischemic mesocardial foci with a tabbydistribution and involvement mid-apical inferior transmural, as well as elevated T2 mapping values suggesting



**Figure 1.** (A) and 3 chamber (B) end-diastole image of late Gadolinium enhancement sequence.

Hypertrophy is observed at the lower apical level and strict apex with the presence of late enhancement of transmural distribution in both segments. Very likely lamellar thrombus

In the cine sequences (not attached due to their video format) a non-dilated left ventricle is evident with LVEF at the normal low limit value (LVEF 54%).



**Figure 2.** Axial PET/MR fusion images and axial CMR black blood sequences. Hyperuptake of [ $^{18}$ F]F-FDG in lower mid-apical segments and apex of LV which is thickened on CMR (A), with active focus on the anterior wall of the right ventricle, with slight thickening on CMR (B) and hyperuptake of the tracer in the left appendage, without practical translation in CMR (C).

Axial PET/MR fusion images and axial CMR black blood sequences.

Hyperuptake of [18F]F-FDG in lower mid-apical segments and apex of LV wich is thickened on CMR (A), with active focus on the anterior wall of the right ventricle, with slight thickening on CMR (B) and hyperuptake of the tracer in the left appendage, without practical translation in CMR (C).

oedema/inflammation.<sup>1</sup> The complete immunological and infectious study was negative and the coronary CT did not show lesions in coronary arteries.

The usefulness of [18F]F-FDG PET has been described in differentiating between fibrosis and active inflammation in cases of myocarditis, as well as in evaluating response to treatment.<sup>2</sup> Given

<sup>\*</sup> Corresponding author. E-mail address: jrgarcia@cetir.es (J.R. Garcia).

the mixed pattern evident on cardiac MR it was decided to perform a PET/MRI with [<sup>18</sup>F]F-FDG, after completing a myocardial braking diet, which demonstrated hyperuptake of [<sup>18</sup>F]F-FDG in the lower mid-apical and apex segments, confirming the inflammatory activity in the areas of fibrosis identified on MRI, as well as focal activity in the anterior wall of the right ventricle and in the left appendage, not identified solely by cardiac MRI (Figs. 1 and 2).

After confirmation of active inflammatory cardiomyopathy by the PET/MR study with [<sup>18</sup>F]F-FDG, treatment with ACE inhibitors and beta-blockers was initiated. However, 2 months after a new ischemic stroke complicated by intracranial hemorrhagic transformation, the patient died. The autopsy showed the existence of a cardiomyopathy type Glucogenosis, allelic disease (GYG-1). This systemic disease is characterized by a late-onset myopathy, so in the biopsy study of inflammatory myopathies its genetic study is necessary.<sup>3</sup> In this case, PET/MRI with [<sup>18</sup>F]F-FDG allowed us to confirm the inflammatory activity in left ventricle and its extension to

the anterior wall of the right ventricle and the left appendage, not identified on MRI.

## References

- Caobelli F, Cabrero JB, Galea N, Haaf P, Loewe C, Luetkens JA, et al. Cardiovascular magnetic resonance (CMR) and positron emission tomography (PET) imaging in the diagnosis and follow-up of patients with acute myocarditis and chronic inflammatory cardiomyopathy: A review paper with practical recommendations on behalf of the European Society of Cardiovascular Radiology (ESCR). Int J Cardiovasc Imaging. 2023;39:2221–35.
- Int J Cardiovasc Imaging. 2023; 39: 2221-2235. doi: 10.1007/s10554-023-02927-6. Assessment of Myocarditis: Cardiac MR, PET/CT, or PET/MR? Chen W, Jeudy J.Curr Cardiol Rep. 2019 Jun 26; 21: 76. doi: 10.1007/s11886-019-1158-0.
- 3. Mancheño N, Braza-Boils A, Muelas N, Fiarque-Domenech I, Martinez-Dolz L, Zorio E. Cardiac phenotype in glycogen storage disease type XV: a rare cardiomyopathy to bear in mind. Rev Esp Cardiol. 2021;74:99–101, http://dx.doi.org/10.1016/j.rec.2020.05.020.