



ORIGINAL ARTICLE

# *Clostridioides difficile*: Characterization of the circulating toxinotypes in an Argentinean public hospital



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Received 9 August 2021; accepted 2 May 2022

Available online 12 July 2022

## KEYWORDS

*Clostridioides difficile*;  
Toxinotyping;  
RFLP;  
Virulence;  
Antibiotic-associated diarrhea

**Abstract** *Clostridioides difficile* is a spore-forming anaerobe microorganism associated to nosocomial diarrhea. Its virulence is mainly associated with TcdA and TcdB toxins, encoded by their respective *tcdA* and *tcdB* genes. These genes are part of the pathogenicity locus (PaLoc). Our aim was to characterize relevant *C. difficile* toxinotypes circulating in the hospital setting. The *tcdA* and *tcdB* genes were amplified and digested with different restriction enzymes: EcoRI for *tcdA*; HincII and Accl for *tcdB*. In addition, the presence of the *cdtB* (binary toxin) gene, TcdA and TcdB toxins by dot blot and the cytotoxic effect of culture supernatants on Vero cells, were evaluated. Altogether, these studies revealed three different circulating toxinotypes according to Rupnik's classification: 0, I and VIII, being the latter the most prevalent one. Even though more studies are certainly necessary (e.g. sequencing analysis), it is worth noting that the occurrence of toxinotype I could be related to the introduction of bacteria from different geographical origins.

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The multivariate analysis conducted on the laboratory values of individuals infected with the most prevalent toxinotype (VIII) showed that the isolates associated with fatal outcomes (GCD13, GCD14 and GCD22) are located in regions of the biplots related to altered laboratory values at admission.

In other patients, although laboratory values at admission were not correlated, levels of urea, creatinine and white blood cells were positively correlated after the infection was diagnosed.

Our study reveals the circulation of different toxinotypes of *C. difficile* strains in this public hospital. The variety of toxinotypes can arise from pre-existing microorganisms as well as through the introduction of bacteria from other geographical regions. The existence of microorganisms with different pathogenic potential is relevant for the control, follow-up, and treatment of the infections.

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## PALABRAS CLAVE

*Clostridioides difficile*;  
Toxinotipos;  
RFLP;  
Virulencia;  
Diarrea asociada a antibióticos

## *Clostridioides difficile*: caracterización de los toxinotipos circulantes en un hospital público de Argentina

**Resumen** *Clostridioides difficile* es un anaerobio esporulado que se asocia con episodios de diarreas hospitalarias. Su virulencia se encuentra vinculada, principalmente, a las toxinas TcdA y TcdB, codificadas por sus respectivos genes, *tcdA* y *tcdB*, que son parte de un locus de patogenicidad (PaLoc). Nuestro objetivo fue caracterizar los toxinotipos de *C. difficile* circulantes en un hospital público. Los genes *tcdA* y *tcdB* fueron amplificados y digeridos con diferentes enzimas de restricción: EcoRI para *tcdA*; HincII y AclI para *tcdB*. Además, se evaluó la presencia de *cdtB* (gen de la toxina binaria B) y de las toxinas A y B (por dot blot), así como el efecto citotóxico de sobrenadantes de cultivo sobre células Vero. En conjunto, estos estudios revelaron tres toxinotipos circulantes según la clasificación de Rupnik: 0, I y VIII; el más prevalente fue el último. Aunque son necesarios más estudios (ej., secuenciación), es interesante notar que la presencia del toxinotipo I podría estar relacionada con la introducción de bacterias de diferente origen geográfico.

En los pacientes infectados con el toxinotipo VIII, el análisis multivariante de los resultados de laboratorio mostró que los aislamientos asociados a decesos (GCD13, GCD14 y GCD22) estaban situados en regiones de los biplots relacionados con valores de laboratorio alterados al momento de la internación. En los otros pacientes, aunque no se observó correlación entre los valores de laboratorio al momento de la internación y la evolución clínica, los niveles de urea, creatinina y recuento de glóbulos blancos estuvieron correlacionados positivamente entre sí una vez diagnosticada la infección.

Nuestro estudio revela la circulación de diferentes toxinotipos de *C. difficile* en un mismo hospital público. La variedad de toxinotipos puede originarse a partir de microorganismos pre-existentes en la región, así como también por la introducción de bacterias provenientes de otras regiones geográficas. La existencia de microorganismos con diferente potencial patogénico es relevante para el control, el seguimiento y el tratamiento de las infecciones.

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## Introduction

*Clostridioides difficile*<sup>16,24</sup> is a spore-forming, anaerobic pathogen that can be found in the intestinal tract of mammals as well as in public spaces<sup>8,32</sup>. *C. difficile* is responsible for 13–30% of antibiotic-associated diarrhea<sup>23,24</sup>. The pathologic process is principally triggered by two toxins, TcdA (enterotoxin) and TcdB (cytotoxin)<sup>11,15</sup>. These toxins are codified in a 19.6 kb chromosomal region, the pathogenicity locus (PaLoc), harboring *tcdA* and *tcdB* and accessory

genes<sup>17,20,21</sup>. Non-toxicogenic strains replace PaLoc for a highly conserved 115/75 bp non-coding region<sup>6</sup>.

A third toxin, the binary toxin (CDT), can be produced by *C. difficile*. It is encoded by two genes, *cdtA* and *cdtB*, localized in a 6.2 kb chromosomal locus (CdtLoc)<sup>20</sup>. Although the role of CDT in the pathogenesis of *C. difficile* has not been univocally established, it is thought that CDT is involved in adherence and colonization of *C. difficile*<sup>26</sup>.

Typing methods have been widely used to: (1) evaluate outbreaks<sup>9</sup>, (2) detect new strains with different pathogenic

potential<sup>3,10</sup> and (3) gain insight into the spread of *C. difficile*<sup>14</sup>.

Toxinotyping of *C. difficile* is based on the variability of the PaLoc region<sup>28,29,30</sup>. These variations are assessed by PCR- amplification of 5'-end of *tcdB* (B1) and 3'-end of *tcdA* (A3), followed by the restriction fragment length polymorphism profile (PCR-RFLP) analysis and digestion with specific enzymes. Currently, these profiles, in addition to the ability to produce TcdA and TcdB, the presence of genes related to the binary toxin (CDT), and the pattern of cytotoxic effects on cell cultures allow for the definition of 34 toxinotypes<sup>29</sup>.

The aim of the present work was to characterize the circulating toxinotypes of *C. difficile* in a hospital in Ciudad Autónoma de Buenos Aires, Argentina.

## Materials and methods

### Samples

Stool samples (n = 132) were collected between March and September 2016 and analyzed by using the AlereTechLab C.DIFF.QUICK COMPLETE test® or RIDA®QUICK test according to the manufacturer's instructions.

Blood samples from patients with a positive result for *C. difficile* infection (CDI) were obtained through standard procedures. According to the guidelines for the identification of severe cases of CDI, serum urea (Urea cinética AA, Wiener Laboratorios S.A.I.C, Rosario, Argentina), serum creatinine (Jaffe method; Wiener Laboratorios S.A.I.C, Rosario City, Argentina), and white blood cell counts, were also assessed. Laboratory values at admission (LVA) and after the onset of clinical symptoms (LVOS) were recorded.

### Isolation procedure

Fecal samples were treated with ethanol (1:1) for 30 min at room temperature. Then, the material was homogenized with sterile phosphate buffered saline (PBS; 0.144 g/l KH<sub>2</sub>PO<sub>4</sub>, 9 g/l NaCl, 0.795 g/l Na<sub>2</sub>HPO<sub>4</sub>, pH 7.5). Afterwards, suspensions were streaked on reinforced clostridial medium-(RCM) agar (Laboratorios Britania S.A., Argentina) supplemented with 0.1% (w/v) sodium taurocholate (Santa Cruz Biotechnology, Dallas, TX, USA). Plates were incubated for 48 h at 37 °C under anaerobic conditions (AnaeroPak; Mitsubishi Gas Chemical Co, Inc.). Colonies were selected based on morphology and Gram staining and genetically characterized as indicated below.

Genetic characterization of *C. difficile* clinical isolates.

### DNA extraction

Presumptive *C. difficile* isolates were grown in BHI broth (BHI: Biokar Diagnostic, Beauvais, France) supplemented with 0.05% (w/v) L-cysteine for 48 h at 37 °C under anaerobic conditions (AnaeroPak; Mitsubishi Gas Chemical Co, Inc.). After incubation, 1 ml of the culture was centrifuged (16 000 g, 3 min) and the pellet was stored at -20 °C until use.

Three strains were used as controls: VPI 10463 strain (Ribotype 087) (*tcdA*+, *tcdB*+, *cdtA*–, *cdtB*–), ALCD3, a clinical isolate (*tcdA*+, *tcdB*+, *cdtA*+, *cdtB*+) and the

non-toxigenic strain ATCC 43593 (Ribotype 060, *tcdA*–, *tcdB*–, *cdtA*–, *cdtB*–).

After thawing, pellets were washed with 1 ml of 0.1 M NaCl, suspended in 300 µl of 6% (w/v) CHELEX (BIO-RAD, USA) and incubated at 60 °C for 20 min. Samples were vortexed, incubated at 100 °C for 8 min, centrifuged at 16 000 g for 3 min, aliquoted and stored at –20 °C until use.

## Characterization of clinical isolates

To identify *Clostridioides* at the genus level, sequence codifying 16S ribosomal RNA (rRNA) of *Clostridioides* spp. was used<sup>38</sup>. Presence of the PaLoc region was detected by using Lok3/Lok1 primers, specific for *C. difficile* species. Strains having the PaLoc region do not show amplification products with these primers. All the studied isolates analyzed for toxinotypes were positive for the PaLoc region, thus indicating that they belong to *C. difficile* species. For the detection of the *cdtB* gen, the primer *cdtB* was used. Details on the primers and PCR conditions are included as supplementary material (Tables S1 and S2).

Reactions were performed using a Taq-polymerase kit (Taq PEGASUS, Productos Bio-Logicos, Argentina) and DNA samples were resolved in 1% w/v agarose gels (Biodynamics).

### RFLP analysis

Analysis of restriction fragment length polymorphism (RFLP) was performed according to Rupnik's method<sup>30</sup> with some modifications (<http://www.mf.um.si/mf/tox/profile.html>). The PaLoc region was analyzed by using primers a3c/a4n and b1c/b2n targeting the *tcdA* and *tcdB* genes, thus leading to A3 and B1 fragments respectively. Details on the primers and PCR conditions are included as supplementary material (Tables S1 and S2).

Amplified fragments were visualized on 1% (w/v) agarose. PCRs were performed by using a Polymerase Kapa kit (Laboratorios Biolabs S.A., Argentina).

To determine the RFLP pattern, the A3 fragment was digested with EcoRI (Biolabs<sup>inc</sup>, New England) and the B1 fragment was digested with HincII and AclI (Biolabs<sup>inc</sup>) according to the manufacturer's instructions. Both fragments, A3 and B1, were digested at 37 °C for 30 min. Both digested and non-digested samples were analyzed by electrophoresis on 1.5% (w/v) agarose gels<sup>25</sup>.

### Cell cultures

Vero cells were grown in Dulbecco's Modified Eagle's Medium (DMEM; Gibco BRL Life Technologies, Rockville, MD, USA) supplemented with 10% v/v inactivated (30 min/60 °C) fetal calf serum (Natocor Industrias Biológicas, Córdoba, Argentina), 2 g/l NaHCO<sub>3</sub>, 10 mg/l streptomycin and 10 IU/ml penicillin G and 1% (v/v) non-essential amino acids (Life Technologies). Cells were seeded at 75 000 cells/well in 96-well tissue culture plates (JetBiofil®, Guangzhou, China) and incubated at 37 °C for 48 h in a 5% (v/v) CO<sub>2</sub>–95% (v/v) air atmosphere.

### Cytotoxicity assay on Vero cells

Bacterial isolates were grown in BHI broth and centrifuged as indicated above. Supernatants were filter-sterilized (0.45  $\mu$ m pore diameter) and stored at -80 °C until use. Before the cytotoxicity assay, Vero cells were washed twice with PBS. Spent culture supernatants (SCS) were serially (two-fold) diluted in DMEM without fetal calf serum. One hundred microliters of diluted SCS were added per well and incubated at 37 °C for 16 h in a 5% (v/v) CO<sub>2</sub>/95% (v/v) air atmosphere. Cell rounding and morphological changes were evaluated by phase contrast microscopy<sup>36</sup>. Type of cytopathic effect was analyzed according to Rupnik et al.<sup>27</sup>.

### Detection of A and B toxins by dot blot

Presence of A and B toxins in SCS was assessed by the dot blot assay. Briefly, 4  $\mu$ l of SCS were spotted on a nitrocellulose membrane. Blocking was performed with 3% (w/v) skim milk-TTBS (50 mM Base Trizma (Hydroxymethyl

aminomethane Mallinckrodt, Baker Inc.), 150 mM NaCl and 0.05% (w/v) Tween 20 (Sigma-Aldrich, Inc., St. Louis, MO, USA), pH 7.5 for 1 h at 37 °C. Membranes were incubated for 40 min at 37 °C with mouse anti-TcdA (1/1000) or anti-TcdB (1/500) monoclonal antibodies (Meridian Life Science Inc., USA). Next, membranes were incubated with 1/1000 biotinylated mouse anti-IgG (Sigma-Aldrich, Inc., St. Louis, MO, USA) for 30 min at 37 °C. All dilutions were made in 1% w/v skim milk-TTBS. After streptavidin alkaline phosphatase (BD Pharmingen, USA) was added, membranes were incubated for 30 min at 37 °C and revealed with NBT/BCIP commercial substrate (Aldrich, Inc., St. Louis, MO, USA) according to the manufacturers instructions.

### Statistical analysis

Multivariate analysis was conducted by using Infostat Software (InfoStat versión 2013. Grupo InfoStat, FCA, Universidad Nacional de Córdoba, Argentina).

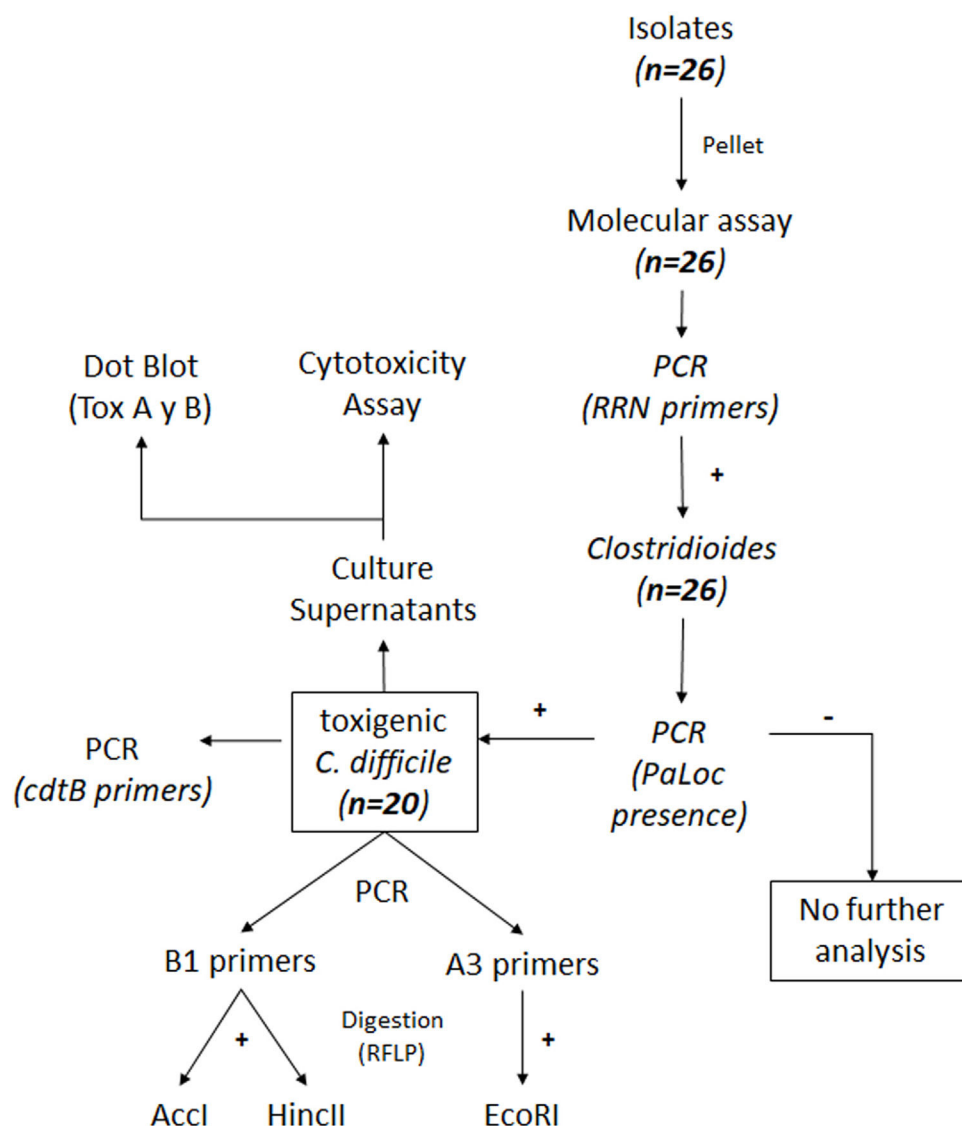


Figure 1 Laboratory workflow.

Clinical isolates belonging to the most prevalent toxinotype (VIII) were further analyzed in the context of laboratory data from individuals harboring these strains. This multivariate analysis included laboratory data (creatinine, urea and white blood cell counts) as variables.

In biplots, vector variables represent the positive direction of the variable axes. Lengths of these vectors approximate the standard deviation of the variables. The angle between two variable vectors approximates the arc cosine of the correlation between those variables. Therefore, variables forming an acute angle are positively correlated, whereas those forming an obtuse angle are negatively correlated. Right angles indicate uncorrelated variables. Each isolate is denoted by a circle whose coordinates correspond to the principal component scores.

## Results

### Isolation of *C. difficile* strains and determination of toxin-associated genes

Details on the steps followed for the isolation and identification of *C. difficile* samples are shown in Figure 1. Twenty-six isolates compatible with *C. difficile* were recovered from the samples analyzed. Each isolate comes from a different sample and samples were from different patients. All 26 isolates were positive for the *rrn* sequence (100 bp) specific to the genus *Clostridioides* (Fig. 2A).

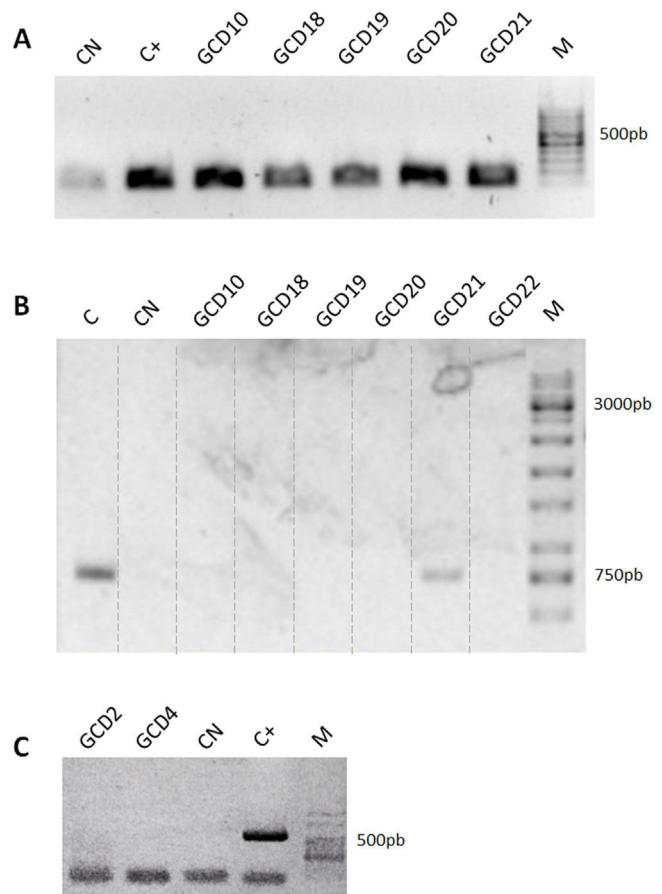
In order to detect the presence of the pathogenicity island (PaLoc), primers Lok3 and Lok1 were used. These primers were located outside the PaLoc region, thus, the absence of amplification with those primers indicates that the PaLoc region is present. On the contrary, if amplification with Lok3 and Lok1 primers occurred, the isolate is considered non-toxigenic. Results showed that 20 out of 26 isolates analyzed were toxigenic. As an example, both patterns are shown in Figure 2B: toxigenic isolates (GCD10, 18, 19, 20 and 22) and a non-toxigenic isolate (GCD21). In addition, all isolates were negative for the binary toxin gene (*cdtB*) (Fig. 2C).

### Toxinotyping

#### Determination of the restriction fragment length polymorphism pattern (RFLP)

Different toxinotypes of *C. difficile* arise from polymorphisms in the PaLoc island and could lead to different virulence levels<sup>13</sup>. For toxinotyping, *tcdA* (A3 fragment) and *tcdB* (B1 fragment) genes were amplified with primers a3c/a4n and b1c/b2c, respectively. EcoRI was used to digest the A3 fragment whereas Accl and HincII restriction enzymes were used separately to digest the B1 fragment. Digestion of the A3 fragment led to restriction profiles 1, 4 and 7d, whereas the digestion of the B1 fragment led to profiles 1 and 5. Representative digestion profiles are shown in Figure 3.

The combination of A3 and B1 profiles allowed us to identify 3 different toxinotypes. Two isolates were associated with toxinotype 0 (GCD4 and GCD27); 1 isolate with toxinotype I (GCD18) and 17 with toxinotype VIII (GCD2, GCD3, GCD10, GCD13, GCD14, GCD15, GCD16, GCD17, GCD19,

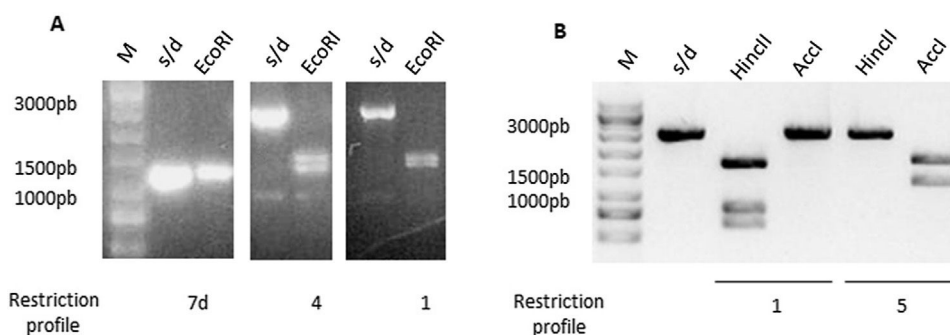


**Figure 2** Detection of *Clostridioides*-associated genes. (A) Determination of *rrn* amplicons specific for genus *Clostridioides*. Positive control (C+): *C. difficile* ALCD3; negative control (CN): water. (B) Determination of Tox- amplicons to determine the presence of the PaLoc island. Positive control (C): *C. difficile* ATCC 43593 (non-toxigenic strain); negative control (CN): water. (C) Detection of binary toxin *cdtB* gene. Positive control (C+): *C. difficile* ALCD3; negative control (CN): water. M: molecular weight size marker.

GCD20, GCD22, GCD23, GCD24, GCD25, GCD26, GCD28 and GCD29) (Table 1).

#### Cytopathic effect of spent culture supernatants on Vero cells

It is known that the biological activity of TcdB is 100–10000 times higher than that of TcdA<sup>35</sup>. Therefore, the effects on Vero cells of extracellular factors from *C. difficile* are mainly associated with TcdB<sup>2,5</sup>. Different isoforms of TcdB lead to changes in the activity and/or recognition specificity to Rho proteins, thus leading to differences in cytopathic effects<sup>13,22</sup>. Therefore, two types of cytopathic effects on Vero cells, i.e. cell rounding with long protrusions (*difficile*-type damage or D-damage) and complete cell rounding without protrusions (*sordellii*-type damage or S-damage)<sup>27</sup>, have been described. Analyzed culture supernatants from 3 isolates led to *difficile*-type damage on Vero cells: GCD4, GCD18 and GCD27 (Fig. 4A), while the remaining 17 isolates led to *sordellii*-type damage on Vero cells (Fig. 4B).



**Figure 3** Restriction Fragment Length Polymorphism (RFLP) of TcdA and TcdB amplicons. (A) TcdA fragment digested by EcoRI showed three different restriction profiles: 7d, 4 and 1. (B) TcdB fragment digested by HincII and AccI showed two different restriction profiles: 1 and 5. M: molecular weight size marker.

**Table 1** Characterization of *C. difficile* isolates.

| Toxinotype | Isolate or strain       | Dot Blot <sup>a</sup> |      | CdtB PCR <sup>b</sup> | RFLP <sup>c</sup>  |            | Type of CPE <sup>d</sup> |
|------------|-------------------------|-----------------------|------|-----------------------|--------------------|------------|--------------------------|
|            |                         | TcdA                  | TcdB |                       | B1 (HincII + AccI) | A3 (EcoRI) |                          |
| 0          | VPI 10463 <sup>e</sup>  | +                     | +    | —                     | 1                  | 1          | D                        |
|            | GCD4                    |                       |      |                       |                    |            |                          |
|            | GCD27                   |                       |      |                       |                    |            |                          |
| 0/v        | ALCD3 <sup>e</sup>      | +                     | +    | +                     | 1                  | 1          | D                        |
| I          | GCD18                   | +                     | +    | —                     | 1                  | 4          | D                        |
| VIII       | GCD2 and 3 GCD10        | —                     | +    | —                     | 5                  | 7d         | S                        |
|            | GCD13 to 17 GCD19 to 20 |                       |      |                       |                    |            |                          |
|            | GCD22 to 26 GCD28 to 29 |                       |      |                       |                    |            |                          |

CPE: cytopathic effect; D: difficile-like effect; S: sordellii-like effect.

<sup>a</sup> Toxin production evaluated by an immunological technique using anti-TcdA and anti-TcdB.

<sup>b</sup> Conventional PCR against the B subunit of binary toxin.

<sup>c</sup> Restriction fragment length polymorphism that revealed the restriction profile after digestion with restriction enzymes HincII + AccI or EcoRI.

<sup>d</sup> Morphology given by the cytotoxicity assay on cultured Vero cells.

<sup>e</sup> Control strain.

### Detection of A and B toxins in filtered spent culture supernatants

The presence of TcdA and TcdB in culture supernatants of *C. difficile* was detected by dot blot using monoclonal antibodies (a-TcdA or a-TcdB). Both toxins were detected in culture supernatants from GCD4, GCD18 and GCD27 isolates. Strain VPI 10463 was used as positive control. The remaining 17 *C. difficile* isolates were positive for TcdB but negative for TcdA (Table 1).

Results from binary toxins, RFLP, biological assays and the detection of TcdA and TcdB toxins were analyzed in order to determine the toxinotype for each isolate as well as the toxinotypes of reference strain VPI 10463 and isolate ALCD3. As shown in Table 1, toxinotype VIII was the most prevalent one (17 isolates), followed by toxinotype 0 (2 isolates) and toxinotype I (one isolate).

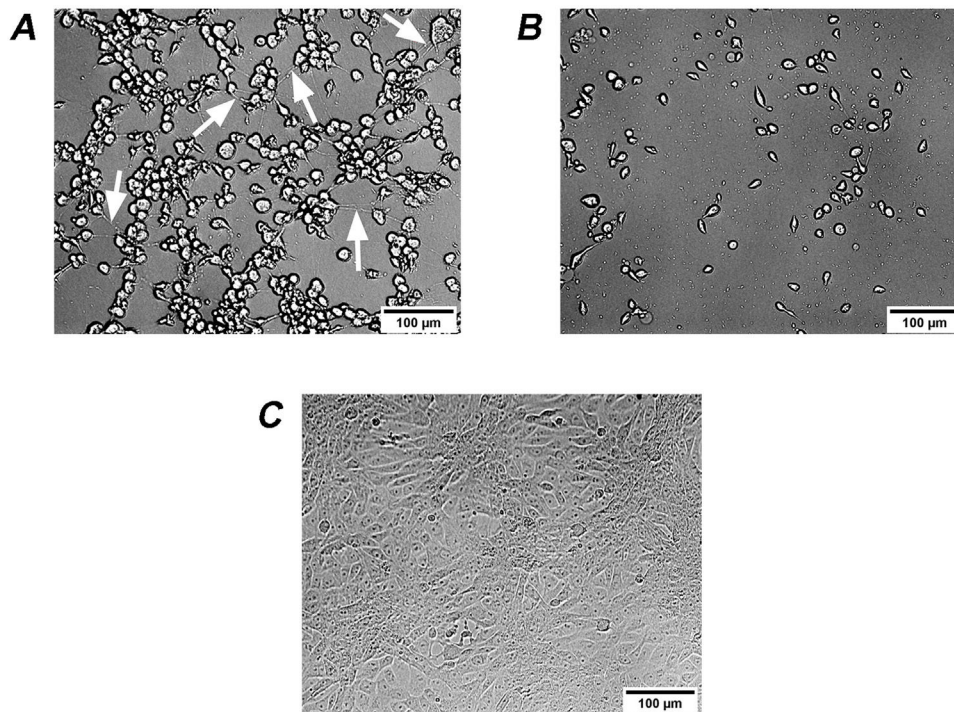
### Multivariate analysis

The isolates belonging to the most prevalent toxinotype (VIII) were selected for multivariate analysis considering laboratory data as variables. Figure 5 shows that the principal components CP1, CP2 and CP3 explain 90% of the variation

in the dataset. The two-dimensional scatter diagram constitutes a good approximation to the original dataset of a six-dimensional space (one dimension for each variable studied). As shown in Figure 5, CP1 is related to increased values in white blood cells (WBC), creatinine and urea after the onset of symptoms. Noteworthy, isolates GCD14, GCD25 and GCD28 are associated with high white blood cell counts as well as high levels of urea and creatinine after the onset of symptoms. Interestingly, strains associated to fatal outcomes (GCD13, GCD14 and GCD22) can be found in regions related to altered laboratory values at admission. Concerning the correlation between laboratory values, as expected, after *C. difficile* infection was diagnosed (LVOS), the levels of urea, creatinine, and white blood cells were positively correlated. In contrast, variables corresponding to laboratory values at admission (LVA) were not correlated.

### Discussion

Since the beginning of the 21st century the incidence and severity of CDI has increased worldwide. Changes in epidemic dynamics are principally associated with the emergence of hypervirulent strains, i.e. ribotypes 027, 078 and



**Figure 4** Cytopathic effect (CPE) of culture supernatants on Vero cells. (A) GCD4 supernatant induces cell rounding with remaining long protrusions (white arrows) called *difficile*-type damage or D-damage; (B) GCD10 supernatant induces complete cell rounding form called *sordellii*-type damage or S-damage; (C) control cells.

244<sup>8</sup>. To control the spread of CDI, epidemiological studies are necessary to assess the distribution of circulating strains as well as their pathogenic potential<sup>1</sup>.

The analysis of the isolates based on the presence of sequences of genes *tcdA*, *tcdB* and *cdtB*, revealed that all the isolates belong to genotype *tcdA*<sup>+</sup>/*tcdB*<sup>+</sup>/*cdtB*<sup>+</sup>. However, the results obtained by immunoblots showed two patterns: TcdA<sup>+</sup>/TcdB<sup>+</sup> and TcdA<sup>+</sup>/TcdB<sup>+</sup>.

Toxinotyping of *C. difficile* isolates by RFLP assess genetic variations of the PaLoc island that give toxins with different biological activity as well as different interaction with antibodies<sup>25,28,29</sup>. This variability is relevant for clinical and diagnostic purposes.

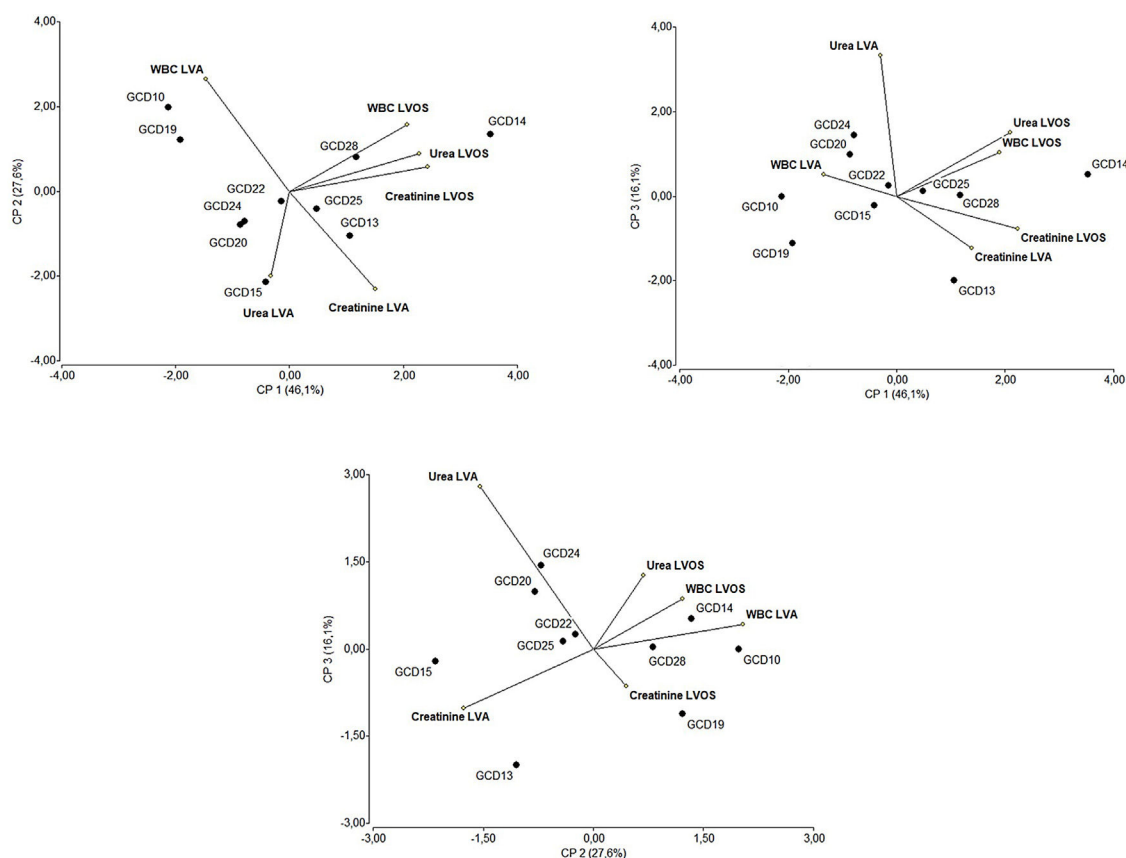
Strain VPI 10463 was used as reference strain (Toxinotype 0). Other different toxinotypes show differences in the PaLoc island when they are compared with the reference strain<sup>29</sup>. These differences are due to polymorphisms or deletions in this region. For example, toxinotype I (a minor toxinotype) exhibits deletions or RFLPs in the *tcdA* gene, and toxinotype VIII exhibits RFLPs in the *tcdB* gene and a 1.8 Kb deletion at the 3' end of the *tcdA* gene coding for the c-terminal portion of TcdA (indeed this is a TcdA(–) toxinotype)<sup>34</sup>. In the present work, when the RFLP analysis was conducted, 3 toxinotypes were detected: 0, I and VIII (prevalence 10%, 5% and 85%, respectively). These results are in agreement with previous reports showing that toxinotypes III, IV, V and VIII represent the most common toxinotypes present in isolates from human origin<sup>27</sup>.

Interestingly, strains belonging to toxinotype VIII show variability in the catalytic domain of TcdB, leading to a homologous amino acid sequence of the Lethal Toxin of

*Clostridium sordelli* (LTCS)<sup>7</sup>. As a consequence, both TcdB variant and LTCS glycosylate similar R-Ras substrates give rise to a cytopathic effect characterized by cell rounding without protrusions (Sordelli-like cytopathic effect).

It is known that some toxinotypes (e.g. III and VIII) are related to increased virulence and relapses<sup>28</sup>. Interestingly, toxinotype VIII, frequently isolated from asymptomatic infants<sup>16</sup>, was reported as being responsible for outbreaks in England, The Netherlands, Poland and Ireland<sup>7</sup>. In Argentina, nosocomial strains have been characterized and toxinotype VIII has also been reported<sup>4,12,37</sup>.

It is worth noting that isolate GCD18 belongs to the minor toxinotype I, characterized by a deletion and RFLPs in the *tcdA* gene. Even though more studies are needed (e.g. sequencing analysis), the occurrence of this toxinotype in the hospital is compatible with the introduction of bacteria from different sources, because it is known that this toxinotype arises from the recombination of CROP regions situated in *tcdA*<sup>29,39</sup>. This fragment is lacking in toxinotype VIII, the most prevalent toxinotype detected in the hospital studied. Most of the strains of a given ribotype have similar sequences in the PaLoc region, thus belonging to a single toxinotype<sup>26</sup>. In contrast, a single toxinotype includes several ribotypes<sup>31</sup>. Noteworthy, one of the toxinotypes found in the present study, toxinotype VIII, is compatible with ribotypes 017, 047 and 110<sup>26</sup>. The most probable ribotypes for isolate GCD18 (toxinotype I) are 003; 012 and 102<sup>28</sup>. From the data obtained in the medical records (data not shown), we observed that the patients infected with GCD13, GCD14, GCD22 isolates exhibited SOFA (Sequential Organ Failure Assessment) scores<sup>33</sup> above 2 points. Those isolates



**Figure 5** Multivariate (principal component analysis) of laboratory data from individuals with *C. difficile* diagnosis. Each value represents a *C. difficile* isolate. Samples were analyzed at patient admission to hospital and after the onset of clinical symptoms of *C. difficile* infection. The percentages of the variation explained by principal components (CP1, CP2 and CP3) are indicated in parentheses. References: LVA: Laboratory Values at Admission and LVOS: Laboratory Values after the Onset of Symptoms.

were associated to fatal outcomes. Patients infected with GCD14 and GCD22 isolates presented pulmonary tuberculosis as associated comorbidity. Those patients infected with GCD24, GCD25 and GCD28 isolates were associated with renal failure secondary to a greater number of diarrheal stools. Patients infected with GCD15 and GCD28 isolates were admitted with renal failure but progressed with clinical and chemically improved symptoms after treatment.

Isolates were from a hospital which receives patients from different regions of the center of Buenos Aires Province. Although recommended practices for the prevention of healthcare-associated infections are implemented, the control of the circulation of sporulated microorganisms is a challenging issue. Noteworthy, in addition to the toxinotypes reported here, other toxinotypes (e.g. 0/v and III) were also circulating in other hospitals of the province of Buenos Aires, Argentina (data not shown). As expected, the most prevalent toxinotype (VIII) was always present. This finding is in agreement with results reported by Quemeneur et al.<sup>25</sup>.

Although reports on the characterization of circulating strains of *C. difficile* in Argentina are still scarce, there are studies on circulating strains performed by different methodological approaches and there are reports on the circulation of TcdA(–), TcdB(+) as well as CDT (+) and the epidemic strain ST1<sup>1,4,12,18,19</sup>.

The potential worldwide spread of CDI calls for epidemiological studies to characterize currently circulating strains and highlights the need for increasing surveillance. The results presented here could contribute to gain further insight into the pathogenesis of *C. difficile* as well as to delineate control strategies.

## Conflicts of interest

None.

## Ethical responsibilities

None.

## Acknowledgements

The present work is part of the legacy of Dr. Eduardo Alul. His motivation, help and encouragement were certainly paramount driving forces for this collaborative study.

Authors acknowledge financial support from Facultad de Ciencias Exactas (Universidad Nacional de La Plata), CONICET and ANPCyT. All the isolates were from HIGA Luisa G de Gandulfo Hospital, Lomas de Zamora, Buenos Aires, Argentina. Strain ALCD3 was kindly provided by Liliana

Fernández Canigia from the Microbiology Laboratory of the Hospital Alemán (Buenos Aires, Argentina).

## Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:10.1016/j.ram.2022.05.010.

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