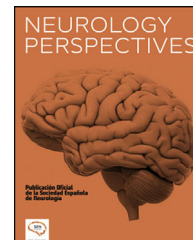




NEUROLOGY PERSPECTIVES

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SCIENTIFIC LETTER

Role of microglia in the pathophysiology of neuropathic pain: Hormonal, neuroimmunological, and nociceptive differences by sex

Papel de la microglía en la fisiopatología del dolor neuropático: Diferencias hormonales, neuro inmunológicas y nociceptivas por sexo

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Received 20 September 2021; accepted 25 September 2021

Available online 2 October 2021



Dear Editor,

It has been quite interesting to read the scientific letter by A. Alcantara Montero et al.¹ The role of different cell types, as well as receptors that may mediate the genesis of neuropathic pain and neuronal plasticity, is increasingly studied trying to define possible therapeutic interventions.

An interesting advance in understanding the role of glial cells in neuropathic pain is the neuroimmune characteristics concerning sex.² There are qualitative and quantitative sex differences in pain sensitization and analgesia; finding that highly prevalent pain syndromes such as fibromyalgia, arthritis, and migraine occur with a higher incidence in women.² Given the difficulty of human studies, animal models such as rodents have been used in an attempt to define transmission, conceptual models, and neuronal coding²; finding in chronic pain a greater sensitivity to nociceptive stimuli by females. Tactile allodynia is frequent in females, while hypersensitivity in context-dependent tonic pain is more frequent in males.²

These differences are based on the nociceptive and opioid analgesia threshold, which are generated from the

gonadal hormonal organization in the gestational phase. It is known that fetal exposure to testosterone is necessary for the phenotype of decreased nociceptive sensitivity and increased analgesia to opioids, but it also generates pronociceptive events found more frequently in males.³ Nociceptive and antinociceptive processes are found to vary with estrogenic exposure but are more dependent on the timing of the ovarian cycle,² where progestogens have a protective effect that may facilitate physiological changes in pregnancy, childbirth, and lactation.²

In the tissue changes generated by an injury, there is an immune cell response, where macrophages, neutrophils, T lymphocytes, and Schwann cells secrete communication factors with astrocytes, microglia, and oligodendrocytes of the central nervous system (CNS) to release mediators of sensitization to nociceptors. These changes at the glial level and in their adjacent neurons promote allodynia and hyperalgesia. In these processes, not only the p38 MAPK pathways of microglia are activated but also neurotransmitters such as glutamate, cytokines, chemokines, neuropeptides, bioactive lipids derived from cyclooxygenases and lipoxygenases, as well as the endocannabinoid system.² There are sex differences in the neuroimmune response that include glial cell-mediated reactions,⁴ the number of immune cells, modifications for the immune response to

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gestation, epigenetic factors, and susceptibility to autoimmune diseases.² This generates nociceptive processes that are specific to men and women.

In men, spinal microgliosis generates allodynia mediated by factors such as p38, purigenic stimulation, tumor necrosis factor, macrophages, and fractalkine receptors, which act on tropomyosin kinase B receptors in dorsal horn neurons. In women, on the other hand, it is considered that allodynia mechanisms can be generated by the CD4 lymphocyte response at the central and peripheral levels.⁵ Microglia have a predominant role in the genesis of neuropathic pain in men, but in women, they may be involved in mechanisms that modify adaptive immune mechanisms.² Microglial P2X7 in women is activated in arthritis, but not following nervous system injury; another important factor is progesterone-dependent neuroregulin-1 which produces a positive regulation of allodynia by modifying the production of interleukins (IL) 6,8 and 10, where IL-6 may be a protective factor in women for neuropathic pain.² There are less studied factors specific to women that may play an important role in the difference in the expression of neuropathic pain by sex, such as the dopaminergic receptors DRD1, DRD3 in the CNS, prolactin receptors in the sensory neurons, and the Gaba A receptor in the periaqueductal gray matter.²

We, therefore, consider the contribution of A. Alcántara Montero et al.¹ very valuable and we seek with this letter to include consideration of the hormonal, neuroimmunological, glial, and nociceptive pathway differences that exist between men and women, which will be an important point to be able to intervene effectively in people with neuropathic pain in the future.

Conflict of interest

We declare that we have no conflict of interest.

Funding

The authors did not receive funding to carry out this report.

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