



**MEDICINA
UNIVERSITARIA**

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EDITORIAL

One big evolutionary step

It's been a long and exciting journey since it was decided that a medical journal should be a fundamental part of the strategy to fulfill our Institution's Subdivision of Continuing Medical Education's main goal, which is to strengthen the bond between graduated biomedical professionals and our medical school, keeping them on the leading edge of medical knowledge. And so, the *Medicina Universitaria journal* was born.

As the years went by, an evident evolution occurred in this journal. Since the first issue was published in January 1970, a constant transformation has taken place. We now have a larger group of people involved in its process, a new and renovated image, improved economic support, and a well-established trimestral periodical production. Furthermore, a greater number of papers are considered for publication, and last but not least, we are now published by Elsevier, a very well-known and prestigious editorial company.

Today, we are very proud to announce that another important evolutionary change in our journal has occurred. From now on, the entire *Medicina Universitaria journal* will be published in the English language, starting with this year's first issue. Although it could be seen as a small transformation, in reality it is a very big one. This will allow our journal to be read by almost all health professionals worldwide, as English is the world's official scientific language. Thus, the possibility of our articles being read and cited is far greater; the scientific medical community from larger countries such as India, China, Brazil, Russia etc., will have the possibility to read and discuss our papers. Hopefully, this will keep us in the right direction to become an indexed medical journal, as we have been so far.

In spite of these transformations, we are completely certain that something very important in our journal has not changed; it's still being made by a selfless group of professors

who follow the original vision of it is founder Dr. Álvaro Gómez-Leal. That is, to be an effective journal that assists health professionals in their continuous pursuit of excellence and in giving their patients the best medical treatment available in a humanist way. This is the engine that moves every physician's mind; to reach their main practice's objective by offering the best medical treatment possible, in accordance with international guidelines, in a human, caring, and passionate way.

Throughout the last four decades, our journal has played an important role as a communication tool. Its pages have witnessed some of the most relevant, dramatic and visionary advances in the health sciences over the last 44 years. That being said, we are sure that one of Dr. Gómez-Leal's greatest legacies was his original idea to create a useful journal within our medical school, to serve all generations of health professionals.

We wish to congratulate everyone who has participated in any way to make our *Medicina Universitaria journal* a reality. We are proud to present it in its new format which will help everybody in his or her constant pursuit of excellence and truth. Let's enjoy it.

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