

CLINICAL SCIENCE

DEVELOPMENT AND EVALUATION OF A HEAD-CONTROLLED HUMAN-COMPUTER INTERFACE WITH MOUSE-LIKE FUNCTIONS FOR PHYSICALLY DISABLED USERS

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OBJECTIVES: The objectives of this study were to develop a pointing device controlled by head movement that had the same functions as a conventional mouse and to evaluate the performance of the proposed device when operated by quadriplegic users.

METHODS: Ten individuals with cervical spinal cord injury participated in functional evaluations of the developed pointing device. The device consisted of a video camera, computer software, and a target attached to the front part of a cap, which was placed on the user's head. The software captured images of the target coming from the video camera and processed them with the aim of determining the displacement from the center of the target and correlating this with the movement of the computer cursor. Evaluation of the interaction between each user and the proposed device was carried out using 24 multidirectional tests with two degrees of difficulty.

RESULTS: According to the parameters of mean throughput and movement time, no statistically significant differences were observed between the repetitions of the tests for either of the studied levels of difficulty.

CONCLUSIONS: The developed pointing device adequately emulates the movement functions of the computer cursor. It is easy to use and can be learned quickly when operated by quadriplegic individuals.

KEYWORDS: Quadriplegia; Computer peripherals; Computer systems; Computer-assisted image processing; Task performance and analysis.

INTRODUCTION

The popularization and constant technological advances of computers have made them a necessary and almost inevitable item in many people's lives. Unfortunately, people with medullary lesions or some sort of condition that impedes movement of the upper limbs are unable

to adequately use the standard interfaces or devices of a computer, such as the keyboard and mouse.

Human-computer interface (HCI) projects for people with physical, cognitive, sensory, or communicative disabilities relate directly to the field of assistive technology devices and particularly to the field of computer access devices. Some examples of these devices are switches, joysticks, and trackballs that are activated by a moving part of the body; programs that emulate a virtual keyboard on the computer monitor; voice recognition systems; computer vision systems controlled by eye movement; pointing devices controlled by head movement; and devices that employ the electrical potential of the brain (EEG) or muscles (EMG).¹⁻⁴

Pointing devices controlled by head movement are interfaces that correlate the user's head movements with

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computer cursor movements. The most commonly used head movements are flexion-extension and rotation.⁵⁻¹³ Functions analogous to clicking the button of a conventional mouse can also be carried out by means of sensors that are activated by using the mouth or cheek, by blinking an eye, or by using specific software that emulates the mouse click when the user stops the cursor on the object of interest.⁴

Head pointing devices may utilize computer vision techniques in which the software processes images from a video camera and identifies certain objects or facial characteristics of a user positioned in front of the camera. Certain interfaces automatically recognize regions of the head by means of a webcam-type camera. Others recognize objects attached to the user's head, such as small colorful targets^{4,5,9,12} or reflective targets such as the Tracker Pro (Madentec® Ltd, Edmond, AB, Canada), HeadMouse Extreme® (Origin Instruments Corporation®, Grand Prairie, Texas, USA), and SmartNav® devices (Natural Point® Inc., Oregon, USA).

Studies on the usability attributes of pointing devices can be carried out by means of performance tests or evaluations. These tests are based on the simplest tasks for a device, such as moving the cursor, drawing lines, or selecting and dragging objects. The most commonly undertaken evaluations involve tests of cursor movement and object selection and are based on the concepts proposed by Fitts¹⁴ in 1954.^{8,15-19}

In 2000, the International Organization for Standardization (ISO) published the ISO 9241-9²⁰ standard, which makes recommendations regarding the methodology for evaluating the efficiency of pointing devices. Some authors have used this standard to evaluate different types of pointing devices.²¹⁻²⁴

The objectives of this study were to develop a pointing device that is controlled by head movement and has the same functions as a conventional mouse for application among physically disabled people, as well as to evaluate the performance of the proposed device in accordance with ISO 9241-9²⁰ when operated by quadriplegic users.

MATERIALS AND METHODS

Ten quadriplegic volunteers (9 males and 1 female) were evaluated. Their ages ranged from 24.5 to 53.7 years. All of them had a cervical spinal cord injury; 30% had an injury at the C3 level, 50% at the C4 level, and 20% at the C5 level. They had been injured for periods ranging from 3.3 to 21 years.

The volunteers were literate, had basic notions about computers, and were not limited to flexion, extension, inclination, or rotation movements of less than 15° in relation

to the neutral position of the head.²⁵

The present study was approved by the Scientific Committee and Ethics Committee for Research Project Analysis. All selected volunteers or their respective legal guardians signed the free and informed consent statement.

Pointing device

The pointing device was composed of a video camera, computer software, and a marker or "target." The target was attached to the front part of a cap placed on the user's head (Figure 1). The device was installed on a portable computer (Aspire 5050 3233 model, ACER®) with a 14.1-inch LCD widescreen adjusted for a maximum resolution of 1280 x 800 pixels.

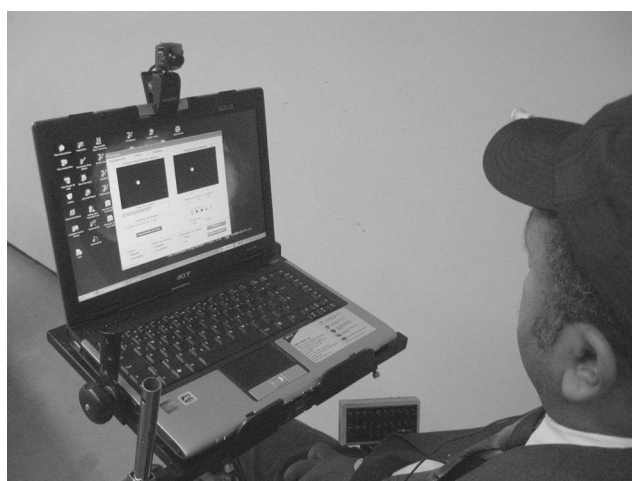


Figure 1 - User with the pointing device composed of computer software, a webcam-type camera, and a reflective target attached to the brim of a cap

A Kinstone® webcam was connected to the computer via USB. The images were adjusted to a resolution of 320 x 240 pixels and were acquired at a rate of 30 frames/second. The camera had six light-emitting diodes (LEDs), which were activated while the camera was in operation. A filter was attached to the camera lens to filter out all visible light and allow only infrared light to reach the camera's sensor.

The target consisted of a plastic disc 15 mm in diameter that was glued to a plastic cylinder with a chamfer so that it could fit on the brim of the cap. On the surface of the plastic disc, a reflective silver-colored material (Scotchlite® 9910 model, 3M®) was glued to the surface of the plastic disc.

The software was developed using the Delphi® 2006 programming language. Its main functions were to capture the images of the target coming from the camera, process them to determine the position of the target center, move the cursor of the operating system, and emulate a mouse click.

The target color could be selected as white, red, blue, green, or yellow. The standard for representing the colors of

the images from the video camera was hue, saturation, and intensity (HSI).²⁶

The software utilized the HSI parameters to identify the target with the desired color. White was used in the present study because the camera sensor represented the infrared light spectrum as this color.

During the process of scanning for the target, the software first searched for possible objects with the same previously selected color. To achieve this, tracking was carried out vertically on a certain number of columns of the video image. If an object with the specified color was found, an identification process began that used eight points located on the edge of the object, numbered 1 to 8, with 45° angles between them.

An algorithm was developed with the function of finding circular or elliptical objects based on the eight points found previously. The algorithm determined the coordinates of the intersections between bisectors of all eight combinations of three consecutive points delimited by the points numbered 1 to 8 (Figure 2). The left, right, upper, and lower limits of these points were calculated. These corresponded to the limits of a rectangle (Figure 2). If the width and height of the rectangle were less than or equal to 50% of the width and height of the object, and if the distance between the center of the rectangle and the center of the object was less than 30% of the mean between the width and height of the object, it was classified as circular or elliptical and its center was the center of the rectangle itself. If these rules were not satisfied, the algorithm continued to scan for a new object.

After determining the center of the target in the image, the software stopped the process of looking for a new object. It then defined the position of the operating system cursor by means of a correlation with movements from the target

center, which were associated with flexion, extension, and leftward and rightward rotation movements of the head in relation to its neutral position.

Cursor movement could be controlled in absolute and relative modes. Absolute control, which was used in the present study, consisted of a direct relationship between the angle of the head and the position of the cursor on the computer monitor. This relationship is known as gain and is defined as the ratio between the cursor movement on the screen and the angle of the head position in relation to a reference position (i.e., a neutral or resting position). The gain is expressed in millimeters per degree. Relative control involves cursor movements only in a certain direction if the position of the user's head, and consequently the target center in the video image, is not in the resting position. Its function is analogous to that of a joystick.

Two different types of gain were used: horizontal gain, relating to the leftward and rightward rotational movement of the head, and vertical gain, relating to flexion and extension movement of the head. The vertical and horizontal gain values used were 10.4 mm/degree and 7.4 mm/degree, respectively.^{16,17,23}

The cursor movement speed was adjusted between 7.6 mm/s and 61.7 mm/s and varied according to the angular velocity of the user's head.

Mouse clicking was emulated as a time without movement, i.e., when the user stopped the cursor at a certain position for a predefined period of time (between 1 and 4 seconds). At this time, a mouse click was activated and the cursor control was temporarily disabled.

The activation could be performed in three ways: orthogonal movement of the target in the image (cross), vertical movement of the target (vertical menu), and horizontal movement of the target (horizontal menu).

For the orthogonal movement option, the activation was carried out by small, standardized movements of the head beginning at the initial stationary position (e.g., head movements to the left, right, up, or down). These movements activated functions similar to those of a conventional mouse: a click of the left button, a click of the right button, a double click of the left button, and drag with the left button, respectively.

For the other two activation options, a vertical or horizontal menu appeared near the position of the cursor when the user stopped it for a predefined period of time. The vertical and horizontal menus contained the functions of a conventional mouse described previously. In these cases, choosing the conventional mouse function was carried out by a vertical head movement (vertical menu) or a horizontal head movement (horizontal menu), and this process was activated after a specified waiting period.

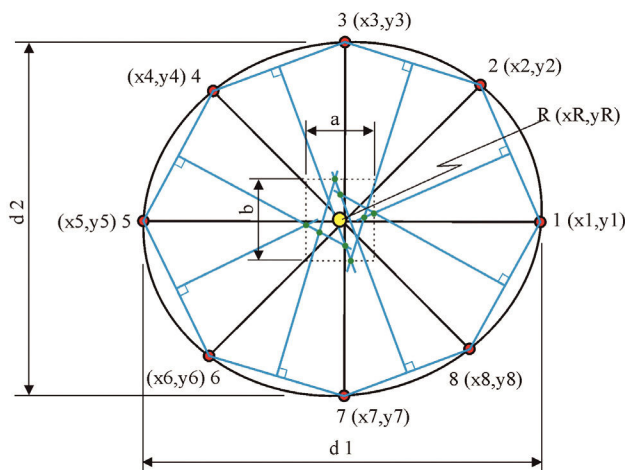


Figure 2 - Hypothetical example of the method used to obtain the intersections of the bisectors from points one to eight. The dotted rectangle delimits the points found and the yellow point refers to the center of the rectangle ("R"). Measurements "a" and "b" refer to the width and height of the dotted rectangle, and "d1" and "d2" refer to the width and height of the object

Functional evaluation

Software for evaluating the pointing device and the user's control over it was developed. The evaluations were based on annex B of ISO 9241-9,²⁰ which recommends performance tests for input devices and has the objective of evaluating the efficiency of the device during certain tasks that are commonly carried out. Examples of these tasks are moving the cursor, drawing outlines, and selecting and dragging objects.

To test the software developed herein, the multidirectional performance test was employed. This evaluates the user's capacity to move the cursor between two objects, in different directions, with a certain degree of difficulty. The degree or index of difficulty, measured in bits, represents the precision that the user is expected to reproduce during the test and is related to the size and distance between the objects.

The users were asked to perform a series of selections of circular objects that were positioned in pairs in a certain direction, with a total of 17 different directions formed by an association of 16 circular objects with separations of 22.5° from each other (Figure 3). Object selection was considered when the cursor remained stationary over it for 0.5 seconds. In the present study, the mouse click emulation was not assessed.

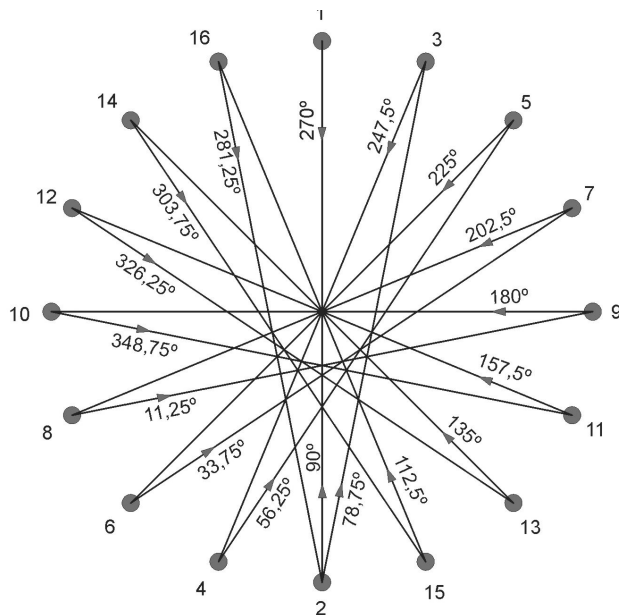


Figure 3 - Representation of the sequence of object selection, numbered from 1 to 16, and their respective directions for the test of greater index of difficulty (5 bits). The first and last selections occurred on object number one, and the arrows indicate the sense of movement of the cursor between the objects

The software recorded the multidirectional test at a rate of 30 samples per second, computing the cursor coordinates along its route and at the stopping points inside each selected object.

ISO 9241-9²⁰ recommends calculating the movement time parameter for each degree of difficulty, measured in seconds, and the mean performance rate or mean throughput, measured in bits/second.

The movement time was calculated based on the mean duration of movement between two selected objects in a sequence of 17 directions.

The relationship between the precision and movement time between two objects is represented as throughput and is defined as the ratio between the effective difficulty rate and the mean duration of movement.

The effective difficulty rate is defined as the precision measured during the sequence of 17 selections in the multidirectional test. It depends on the standard deviation of the distances between the selection points of pairs of objects, which are measured from the axis formed by their centers.

Procedure for applying the tests

The volunteers remained seated in wheelchairs and were positioned in front of a table on which was placed a computer. They sat with a distance of 60 cm between their outer ear and a video camera. The tests were applied on the same day for each volunteer and lasted about 2 hours.

After the cap with the target was placed on the volunteer's head, the pointing device was activated and the user had control over the cursor of the operating system. The user was informed about the main functions of the software, with greater emphasis placed on the absolute control mode.

The multidirectional tests used had indexes of difficulty of 2 bits and 5 bits. Based on the computer monitor settings, the diameters and distances between the objects were 11.87 mm (50 pixels) and 35.62 mm (150 pixels) for the degree of difficulty of 2 bits, respectively, and 4.75 mm (20 pixels) and 147.25 mm (620 pixels) for the degree of difficulty of 5 bits.

With the functional evaluation software activated, the training that preceded the tests was initiated. The volunteers were asked to carry out four multidirectional tests. The first and third tests had a degree of difficulty of 2 bits, and the second and fourth ones had a degree of difficulty of 5 bits. The training lasted approximately 10 minutes.

The test sequence was divided into 12 attempts for the tests with an index of difficulty of 2 bits and another 12 attempts for the tests with an index of difficulty of 5 bits, thus making a total of 24 tests. The tests were performed by the volunteers in the absolute control mode. A 5-minute break was allowed between the 12th and 13th attempts.

Statistical analyses

The parameter of movement time (in seconds) was

calculated for the indexes of difficulty of 2 and 5 bits. The parameter of mean throughput (in bits/s) was calculated based on the mean between pairs of performance rates measured with indexes of difficulty of 2 and 5 bits. Both parameters were calculated for each attempt.

For each attempt, the parameter of movement time was obtained for each volunteer. This was based on the means of the 17 directions studied in each multidirectional test applied.

All parameters were compared between the attempts by the analysis of variance (ANOVA) test for repeated measurements. P-values less than or equal to 0.05 were considered as significant.

RESULTS

The parameters of mean throughput and movement time according to the 12 attempts for the indexes of difficulty of 2 and 5 bits are described in Figures 4 and 5.

The mean values for the 12 attempts were 0.75 ± 0.12 bits/second for the mean throughput, and 3.02 ± 0.44 seconds for the movement time in the test with an index of difficulty of 2 bits. For the index of difficulty of 5 bits, the value obtained for movement time was 5.77 ± 1.12 seconds.

No statistically significant differences were detected between attempts with regard to the parameters of mean throughput ($p = 0.218$), movement time with an index of difficulty of 2 bits ($p = 0.179$), and movement time with an index of difficulty of 5 bits ($p = 0.396$).

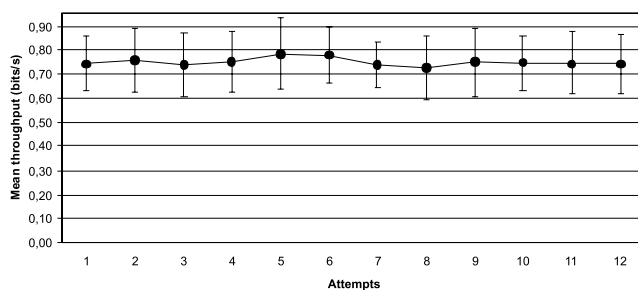


Figure 4 - Mean throughput, in bits/second, according to the 12 attempts

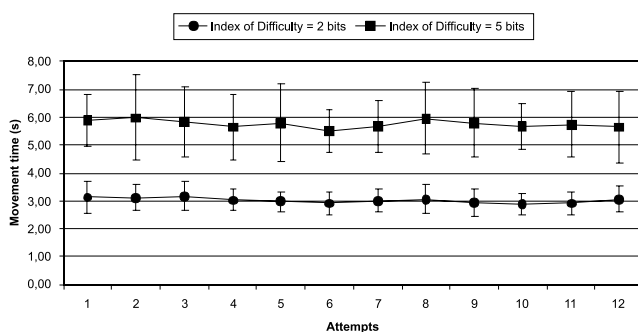


Figure 5 - Mean movement time, in seconds, for each attempt and different indexes of difficulty

DISCUSSION

All of the volunteers had the cephalic control needed to operate the pointing device. There was a significant incidence of injury at the C4 and C3 levels, thus leaving the innervations of the sternocleidomastoid, upper trapezius, and scapula elevator muscles preserved.²⁷

The commercially available pointing devices are produced in other countries, and there is no commercial representation in Brazil for most of these devices. The cost of these devices is incompatible with the financial conditions of many physically disabled Brazilians.²⁷ For example, the cheapest device, known as SmartNav[®] and made by Natural Point[®], costs approximately US \$500.00. The most expensive devices, such as HeadMouse[®] Extreme, made by Origin Instruments[®], and Tracker[®] Pro, made by Madentec[®], cost about US \$995.00 and US \$1545.00, respectively.

With the advent of computers and peripherals that are faster and cheaper and that include a webcam, it is becoming possible to use software that accesses and processes images from video cameras in real time, with the objective of emulating the functions of a conventional mouse.

The components used in the pointing device described herein cost about US \$50.00 for the video camera, US \$2.50 for the cap, and US \$0.50 for the target. During the development and test phases, an estimation of the final cost of the pointing device, including its software, could not be performed; however, a future commercial viability study of the pointing device will be completed.

The software of the device described in this study had the option of locating targets with different colors, such as white, blue, or yellow. The most commonly used color in the evaluations was white. The use of a camera with infrared LEDs together with a filter placed in front of the camera lens achieved better contrast for the target in relation to the background (behind the user) in comparison with the target of the other colors.

A resolution of 320 x 240 pixels was used for the video camera, as in other studies.^{2,9-11} The device that we developed, however, was tested at resolutions of up to 800 x 600 pixels and functioned adequately, without significant reductions in computer performance.

The decision to place the target on the brim of the cap instead of placing it on the user's forehead, as described by Dias et al.,⁹ was based on the opinions of several volunteers, who preferred to use the cap rather than an elastic band attached to their foreheads. Another important reason was related to the fact that, for small angular movements of the head, the displacement detected by the video camera was greater when the target was attached to the brim of the cap than when it was attached to the user's forehead.

The impressions of the volunteers regarding the developed pointing device were very positive. Most of the volunteers were unaware of such technology, yet they became very interested in using it.

Soukoreff and Mackenzie²⁸ conducted a review of the literature on evaluations of hand-controlled pointing devices, with methodologies based on the concepts of Fitts' law. They emphasized the importance of standardizing the methodologies using ISO 9241-9,²⁰ with the aim of increasing quality and allowing comparisons between studies of human-computer interfaces.

Regarding studies that have evaluated head-controlled pointing devices, only Silva et al.²³ and Man and Wong²⁴ employed ISO-9241-9²⁰ in their methodologies. Other studies,¹⁵⁻¹⁸ despite using the concepts of Fitts' law such as the use of multidirectional tests, did not make adjustments to the theoretical index of difficulty to obtain the effective index of difficulty. This adjustment is essential for ensuring that the applied tests reflect the users' performance during a sequence of test repetitions.

According to ISO 9241-9,²⁰ multidirectional tests should be applied with different indexes of difficulty in order to encompass the expected use of the device in question. We chose to use two indexes of difficulty that would at least represent the sizes of the most common graphical elements in the operating system. Thus, for the index of difficulty of 2 bits, the diameters of the objects used in the multidirectional tests had dimensions similar to graphical elements, such as buttons, icons on the Windows® wallpaper, and other medium-sized elements. For the index of difficulty of 5 bits, the dimensions were similar to small graphical elements, such as text characters or graphical buttons on toolboxes such as Combobox and Radiogroup.

Movement time is the parameter cited in the literature

for evaluating the degree of learning according to the attempts in a multidirectional test. Our findings showed that, after a training phase comprised of 68 repetitions (four multidirectional pretests) performed to familiarize the user with the system, there was no difference among the following 12 evaluated attempts (i.e., there was a fast learning curve). Each attempt consisted of 17 repetitions (17 different directions).

In the literature, the number of repetitions needed to reach the learning curve has ranged from 80²³ to 786 repetitions.¹⁷ Intermediate values of 720 and 768 repetitions were reported by Radwin et al.¹⁵ and Lin et al.,¹⁶ respectively.

Silva et al.²³ reported a number of repetitions similar to the ones used in our study, but that are very different from the number reported by other authors.¹⁵⁻¹⁷ Such similarities may be related to the use of a video camera as an input device and to the employment of ISO 9241-9.²⁰ Other authors¹⁵⁻¹⁷ employed an ultrasonic pointing device and did not perform ISO 9241-9²⁰ based evaluations because their studies were performed before this standard was published. Such differences in methodological approaches could have accounted for the discrepancy in the learning curves.

In general, none of the studied parameters presented statistical differences between the first and last attempt, thus demonstrating that the proposed pointing device was easily used. The learning process of the users was fast as, within a few minutes, they had achieved satisfactory control over the device.

CONCLUSIONS

The pointing device adequately emulates the functions of computer cursor movements and is easy to use, with a short learning period when operated by quadriplegic individuals.

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