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Pelvic reconstruction after abdominoperineal resection of the rectum

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ABSTRACT

Despite the advances in the treatment of cancer of the rectum and the expansion of the multimodal therapeutic technique, abdominoperineal resection (APR) still needs to be performed as radical treatment in 20%-30% of cases.

APR of the rectum involves a significant morbidity, including intestinal obstruction and wound complications, with radiotherapy-induced enteritis being able to develop in 15% of cases subjected to post-operative radiotherapy. Furthermore, with the aim of improving local oncology results, an extended APR is recommended; a technique that requires a perineal reconstruction technique that allows a tension free closure in a previously radiated tissue and may prevent perineal hernias developing.

The objective of this article is to review pelvic and perineal repair methods after APR due to cancer, with special attention to the new prosthetic repair techniques.

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Reconstrucción pélvica tras amputación abdominoperineal del recto

RESUMEN

A pesar de los avances en el tratamiento del cáncer de recto y la expansión del abordaje terapéutico multimodal, todavía es necesaria la realización de una amputación abdominoperineal (AAP) como tratamiento radical en el 20-30% de los casos.

La AAP del recto está gravada con una importante morbilidad, destacando la obstrucción intestinal y las complicaciones de la herida, pudiendo desarrollarse una enteritis rádica en el 15% de los casos sometidos a radioterapia postoperatoria. Además, con el fin de mejorar los resultados oncológicos a nivel local, se recomienda la realización de una AAP ampliada, técnica que precisa de un procedimiento de reconstrucción perineal que permita un cierre sin tensión en un tejido previamente radiado y prevenga el desarrollo de hernias perineales.

El objetivo de este trabajo es revisar los métodos de reparación pélvica y perineal tras la AAP por cáncer, con especial atención a las nuevas técnicas de reparación protésica.

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Resección abdominoperineal Cáncer de recto Pelvis Suelo pélvico Periné

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Introduction

Colorectal cancer is the most common cancer in both sexes in Spain. Twenty-five thousand and six hundred cases are diagnosed each year, and one third of them are located in the rectum. Despite advances in the treatment of rectal cancer and the expansion of the multimodal therapeutic approach, it is still necessary to perform an abdominoperineal resection (APR) as a radical treatment in 20%-30% of cases. ^{2,3}.

APR of the rectum is burdened with significant morbidity, especially intestinal obstruction 4,5 and perineal wound complications (delayed healing, dehiscence, sinus and perineal hernia). 6

Obstruction of the pelvis by the small intestine after surgery is associated with an intestinal obstruction incidence of 8%-19%,^{4,5} with radiation enteritis developing in 15% of patients undergoing postoperative radiotherapy.^{7,8} Half (50%) of these patients requires surgical treatment for complications, which has a morbidity of 50% and mortality of 15%.^{7,8}

To improve cancer outcome at local level, a cylindrical or extended APR is recommended. ^{9,10} This is a technique that often requires perineal reconstruction to allow tension-free closure on previously irradiated tissue ¹¹ and prevent perineal hernias from developing. ¹²

The aim of this study was to critically analyse the different pelvic and perineal repair techniques after APR due to cancer, with special attention given to new prosthetic repair techniques.

Pelvic partitioning methods

Postoperative fixation of small bowel loops in an operated pelvis is a risk factor for developing an adhesive small bowel obstruction. In addition, the lack of mobility of the intestine resulting from this procedure increases exposure to postoperative radiotherapy and, consequently, the risk of developing radiation enteritis.⁷

Several strategies have been designed for medical treatment and prevention of the effects of radiotherapy, with disappointing results. Bowel rest, the use of radioprotective, anti-diarrhoea and probiotic agents, hyperbaric oxygen, endoscopic therapy and intensity modulated radiation therapy provide inconsistent results and are, in many cases, symptomatic therapies that do not offer a definitive solution. ¹³ Therefore, surgical techniques that prevent obstruction and fixation of the bowel to the pelvis (pelvic partitioning) are one of the main tools available for preventing these complications.

Pelvic partition can be performed by autologous or prosthetic tissue. Primary suture of the pelvic peritoneum or reperitonealisation is a common technique in pelvic partition. To prevent peritoneal closure under tension, the uterus, bladder and posterior aponeurosis of the abdominal rectus muscle have been used. 15,16 Despite its simplicity, tissue is under tension during closure and the risk of reperitonealisation disruption is high, and fixation of the bowel to the pelvis and its consequences are not definitely

prevented. Thus, Chen et al¹⁶ reported a 12% incidence of post-radiotherapy enteritis with this technique, which is close to the accepted overall incidence of 15% for this complication.⁷

Use of the greater omentum is the most widely used pelvic partitioning method. It is used as a pedicle flap over the left gastroepiploic vessels, and the final end is sutured to the pelvic parietal peritoneum, perineal fat or is abandoned in the pelvis. ¹⁷⁻²⁷ Interestingly, most of these studies only analysed perineal wound complications, not reporting the incidence of intestinal obstruction and post-radiotherapy enteritis. Only Russ et al, ¹⁹ in a retrospective study of 24 cases, subjectively mentioned that tolerance to radiotherapy after pelvic occlusion with greater omentum is improved.

Lastly, performing an omentopexy is also possible using the omentum as a "hammock", suturing its free edges to the sacral promontory, anterior abdominal wall and serosa of the colon.^{28,29} While both series had positive results, those submitted by Choi and Lee²⁹ were particularly significant. This was a prospective, non-randomised study which found a significant difference when comparing chronic intestinal toxicity after radiotherapy in patients with omentopexy (12%) against a control group (40%).

Despite the widespread use of autologous tissue in pelvic partition, and especially the greater omentum, there is no solid evidence favouring the use of one method over another. Since it is difficult to propose a recommendation in the light of available studies, the absence or size of the omentum, the chances of suturing the pelvic peritoneum without tension, laparoscopy use and team preferences are therefore the factors determining the choice of technique.

If native tissue cannot be used for pelvic partition, alternative techniques have been proposed, such as pelvic occlusion by breast prosthesis,³⁰ synthetic spacers³¹ and tissue expanders.³²⁻³⁴ Pelvic occlusion with a prosthetic material prevents the bowel from adhering to other tissues and exposes it to the radiation area, thereby reducing the complications associated with radiotherapy. However, these techniques require re-operation to remove the prosthesis and are associated with significant morbidity (infection, fistula, vascular erosion), therefore, they are not in widespread use.^{34,35}

Lastly, another pelvic partition prosthetic option is the use of a mesh (Table 1). The first description of this technique was made by Deveraux et al,36 who used a polyglycolic acid mesh as a sling, preventing intestinal material from falling towards the pelvis. Subsequently, several articles were published describing the use of the same technique,³⁷⁻⁴⁰ other absorbable material^{41,42} and even nonabsorbable prosthesis,43 which proved their effectiveness in preventing intestinal obstruction due to pelvic adhesions and radiation enteritis. 36,37,39 However, inserting mesh involves longer operating times, postoperative ileus development⁷ and complications with the mesh, such as obstruction, 36,37 intestinal fistula,36 pelvic abscess,36,40 hernia of the loops between the pelvis and the mesh³⁷ and deep vein thrombosis of the lower limbs. 40 However, it has been suggested that these techniques should be used despite these complications, as their appearance is incidental and many of them can be

	No.	Material	Study	Morbidity
Devereux et al ³⁶	60	Polyglycolic acid	Retrospective	_
Dashmahapatra et al ³⁷	45	Polyglycolic acid/polyglactin	Retrospective	Intestinal obstruction
Sener et al ³⁸	8	Polyglycolic acid	Retrospective	Obstruction, abscess, herniation
Rodier et al ³⁹	60	Polyglycolic acid	Multicentre	_
Beitler et al ⁴⁰	20	Polyglycolic acid	Retrospective	Abscess, DVT LL, wound complications
Kusunoki et al ⁴¹	3	Polyglactin+Seprafilm	Retrospective	-
Waddell et al ⁴²	12	Polyglycolic acid/polyglactin	Prospective	_
Cui et al ⁴³	30	PTFE	Prospective	_

prevented by careful surgical technique.⁷ Recently, Cui et al⁴³ submitted the results of a randomised prospective study on an ePTFE prosthesis partitioning method, using patients with conventional reperitonealisation as a control group. The patients using ePTFE showed no episodes of intestinal obstruction after a mean of 18 months, with excellent results in postoperative morbidity, resolution of postoperative ileus and discharge from hospital. Although experience with this technique is limited, in view of the results and the emergence of new prosthetic material with excellent laparotomic and laparoscopic handling, good behaviour in contact with hollow viscera and excellent tolerance to infection, the use of mesh as a pelvic partitioning method after APR is very attractive.

Perineal reconstruction techniques

Another problem after completion of an APR is the need for reconstruction of the pelvic floor, which is an especially important procedure after performing a cylindrical or extended APR. The high rate of infection and perineal wound dehiscence after primary closure is a major problem (25%-60%), whose incidence increases after radiotherapy.^{6,11} In addition, according to the literature, there is a 3.5% risk of developing perineal hernia.^{6,12}

Traditionally, large perineal defects are treated with myocutaneous flaps of rectus abdominis, gluteus and gracilis muscles. $^{9,44-51}$

The flap of rectus abdominis muscle has been widely used because it provides a significant area of skin tissue to occlude the right pelvis and reach the surface of the perineum, with excellent results. 46-48,50 Recently, Lefevre et al published the results obtained with this muscle section in a retrospective study comparing the results obtained from the rectus abdominis muscle flap and omentoplasty. Patients with the flap reconstruction showed a significant decrease in healing time of the perineum, perineal wound complications and a lack of hernias in this location. Finally, the incidence of eventration in patients treated with this reconstruction technique did not exceed the control group (7% vs 9.6%),48 even though one of the most criticised aspects of the muscular flap is the incidence of abdominal wound

complications.⁵¹ This complication and the difficulty in the positioning of stomata are the most controversial aspects of using the flap of rectus abdominis muscle.⁵¹

There is less experience with the gracilis muscle flap. It provides a smaller graft and seems to draw a significant number of local complications (abscess, necrosis).⁴⁵

Lastly, although there are previous references, ⁴⁴ publication of the experience of Holm et al⁹ has reignited interest in the use of gluteal muscle flaps as a repair technique. ⁵¹ These techniques provide a significant amount of tissue, with a large and easily mobilised skin surface and few complications. ^{9,51}

Although the results obtained with the muscle flaps have fewer perineal wound complications, all are technically complex and may require other specialists, long surgical times, long bed rest and a risk of necrosis of the flap. 9,44 However, the use of the myocutaneous flap is still the most frequently used technique for perineal reconstruction following an extended APR.

The recent development of new prosthetic material has led to different types of absorbable biological prosthesis being proposed. $^{52-54}$

Improved tissue regeneration, resistance to infection, tolerance and handling make these prostheses attractive for this type of reconstruction.^{55,56} Although good results are reported, there is little experience with this type of repair.⁵²⁻⁵⁴ However, morbidity is frequent (seroma in 6%-26%⁵²⁻⁵⁴ and perineal pain in 33%^{53,54}), although clinically insignificant.

Conclusions

Despite advances in the treatment of rectal cancer and the expansion of the multimodal therapeutic approach, APR is still a required in 30% of cases.

Pelvic partitioning methods are necessary to prevent morbidity resulting from the obstruction and fixation of the bowel to the pelvis after APP, mainly in those cases receiving postoperative radiotherapy.

Although there are numerous pelvic partitioning methods described, the use of the greater omentum to occlude the pelvis is still the most frequently used option. In patients with an absence or a small greater omentum, the use of mesh

may be a good alternative, although there is insufficient experience to recommend its use routinely.

In patients subjected to an extended APR, perineal reconstruction has to be performed via the development of myocutaneous flaps, mainly dependent on the rectus abdominis muscle or gluteus maximus. However, the use of a mesh can also play an important role in this type of repair due to its technical complexity and associated morbidity.

Lastly, although the use of a mesh for pelvic partitioning and perineal reconstruction of the rectum after APR is simple and effective, there is little experience in this respect. Studies to clarify indications, the choice of appropriate material and technical aspects in relation to their placement are required.

Conflict of interest

The authors affirm they have no conflict of interest.

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