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Review article

Iatrogenic bile duct injuries

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ABSTRACT

Bile duct injuries can be caused by different reasons, with Iatrogenic Bile Duct Injuries (IBDI) being the most common factor. IBDI is a complex situation produced in apparently healthy patients and is associated with a high rate of morbidity and a low rate of mortality. A multidisciplinary approach between surgeons, radiologist and endoscopist offers the best chances for an initial diagnosis, therapeutic options, management and follow up of complications for the patient. The aim of this review is to describe the current medical literature with reference to IBDI, and discuss our therapeutic algorithm.

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Lesiones iatrogénicas de la vía biliar

RESUMEN

Las lesiones de la vía biliar se pueden producir por múltiples causas, siendo las lesiones iatrogénicas de la vía biliar las más frecuentes. Son situaciones clínicas complejas producidas en pacientes aparentemente sanos que se asocian a una morbilidad importante y una mortalidad baja pero no despreciable. Un tratamiento correcto requiere un alto nivel de sospecha en el intraoperatorio y en el postoperatorio inmediato, y un abordaje multidisciplinario entre cirujanos, radiólogos y endoscopistas para ofrecer al paciente el mejor diagnóstico inicial, las mejores opciones terapéuticas y el mejor manejo y seguimiento de las complicaciones. Con esta revisión pretendemos describir la situación actual de la literatura con respecto a este tipo de lesiones y su manejo terapéutico, y hemos efectuado un algoritmo terapéutico.

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Iatrogenic bile duct injuries (IBDI) are complex clinical situations usually caused by surgeons in healthy patients, and are associated with significant morbidity and low, but not negligible, mortality. IBDI can result

from surgery (cholecystectomy, liver transplants and other procedures) or non-surgery (tumour ablative therapies [RF], liver biopsies, TIPS or external radiation therapy).²

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Most IBDI occurs during cholecystectomy. Since Carl Langebuch performed the first open cholecystectomy in 1882 until now,^{3,4} IBDI has been an inherent complication of this surgery due to the surgeon's perceptive error. Laparoscopic cholecystectomy (LC) has led to a decrease in postoperative pain and hospital stay, but unfortunately has increased some complications such as IBDI.⁵ In a meta-analysis of more than 78 747 LCs, the IBDI incidence ranged from 0.36%-0.47%.⁶

To treat IBDI correctly, high level of scrutiny in the intraoperative and immediate postoperative phases is required, and also a multidisciplinary approach between surgeons, radiologists and gastroenterologists to offer the patient the best initial diagnosis, the best treatment options and better management of complications and follow-up is needed.

This review article is intended to describe the current status of the literature on this type of injury and its therapeutic management.

Classification

Different classifications of IBDI have been proposed, based on the anatomical level of the injury or the action needed to be taken, but remarkably none have assessed factors such as sepsis, the patient's haemodynamic status or comorbidities. The presence of associated vascular lesions generally in IBDI which are more proximal to the liver hilum and its clinical impact is considered in the classifications of Hannover, Lau, Kapoor, Mandon, Associated Vasyal But not in those of Strasberg, Bismuth, Neuhaus, Scendes, McMahon, Kapoert, Retarding or Amsterdam.

of these classifications is accepted as a universal standard which reduces its clinical usefullness. The most commonly used are those of Strasberg (Figure 1) and Bismuth.

Risk factors

Age/sex: male and elderly patients have an increased risk of ${\rm IBDI.^{21}}$

Congenital malformations: partial liver agenesis has been described as a risk factor.²²

Acute cholecystitis: IBDI is 3 times more frequent in LC due to acute cholecystitis with an incidence between 0.77%-5.0%, and is the most important predisposing factor for IBDI.²³⁻²⁸

Hidden cystic duct syndrome: When the infundibulum is dissected to identify the cystic duct (CD) in the infundibular technique, the hepatocholedochus may be confused with a falsely identified cystic duct and sectioned. This is more likely in the presence of acute or chronic inflammation, large stones impacted in the infundibulum, adhesions between the gallbladder and choledochus and intrahepatic vesicles.²⁹⁻³²

Anatomical anomalies of the biliary tract (BT). Anomalously, the CD can bind to the bile duct very near to the location of the segmental sectoral ducts. It may drain into a sectoral duct, as well as in the convergence of anterior and posterior sectoral ducts.³³ The confluence between the CD and the main BT may be angular (75%), parallel (20%) or spiral (5%). With a parallel implementation, it is possible to thermally damage the exterior of the bile duct when dissecting due to its proximity.³⁴

LC perceptive error and conversion to open surgery: although the infundibulum technique is a good option for

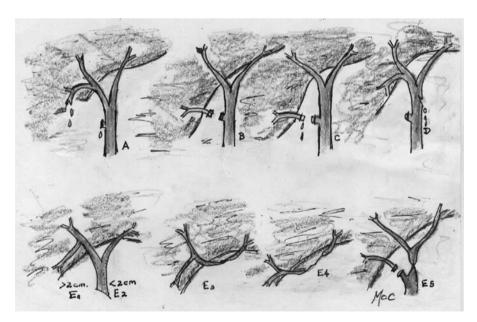


Figure 1 – Strasberg IBDI classification. A) Bile leak from cystic duct or a canaliculus in the liver bed. B) Partial occlusion of the biliary tree, almost invariably due to an aberrant right hepatic duct. C) Transection without ligation of the aberrant right hepatic duct. D) Lateral damage to a major hepatic duct. E) Subdivided according to the Bismuth classification in E1-E5.

acute cholecystitis for open surgery, when a cholecystocholedochal fistula is suspected, this technique may lead to injuring the bile duct in laparoscopic surgery.³⁴

Type of approach: IBDI due to LC is more serious and complex due to its more proximal location, its frequent association with vascular injury and the associated thermal mechanism.³⁵⁻³⁷

Experience of the surgeon: although experience is essential to prevent high morbidity with any surgery, in LC the learning curve seems to be the most important factor for minimising IBDI figures.³⁸⁻⁴⁰

Preventive measures

There are many techniques for preventing IBDI: use of a 30 degree camera, avoiding using thermocoagulation near the main BT, meticulous dissection and conversion to open surgery when the anatomy is uncertain.^{41,42}

Navigation principles have been copied to reduce IBDI. For open cholecystectomy, there is the fundus first technique. In LC, the reference point is the Groove of Rouviere⁴³ (Figure 2). Since the main cause of IBDI is misidentification of the main BT, or an aberrant duct like the CD, the surgeon must have a way to identify the artery and CD.⁴⁴

The following are among the methods used:

- Tri-structure method: During LC, the CD, common hepatic duct and common bile duct must be identified.⁴⁵
- 2. Fischer method: Consists of completely separating the gallbladder from the gallbladder bed from the bottom towards the infundibulum, as in open surgery, until it hangs from the artery and the CD. This is especially difficult in intrahepatic or very swollen vesicles.⁴⁶ Separating the gallbladder from the liver bed also tends to bleed more, due to it not having been previously linked to the cystic artery.

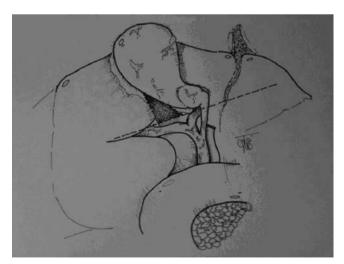


Figure 2 – Groove of Rouviere: A visible channel in up to 90% of patients, containing the right portal pedicle and identifying the sagittal plane of the main bile duct. Dissection can be started safely in a triangle before and above the plane of the groove.

- 3. Infundibular technique: Consists of identifying the CD where it joins the infundibulum of gallbladder. It is currently the most widely used technique in most centres. It has the drawback of not preventing IBDI in patients with hidden cystic duct syndrome. Thus, different groups consistently recommend the use of intraoperative cholangiography (IOC) with this type of technique.³⁴
- 4. Strasberg Critical View Technique: Consists of the dissection and removal of Calot's triangle to expose the artery and CD, thereby exposing the base of the liver. Once this view has been achieved, theses structures can only correspond to the duct and cystic artery (Figure 3).²⁶ For aberrant ducts or cases of very swollen vesicles, it is suggested that the inner layer of the subserosa be exposed, which optimises the critical view.⁴⁷
- 5. Cholangiography: Since the Argentinian, Pablo Mirizzi, introduced the first intraoperative cholangiography to the present day,⁴⁸ its benefit for preventing IBDI has been debated. IOC can help prevent IBDI in at least 3 ways⁴⁹:
 - 1. It shows the diversity of the biliary tree and its abnormalities.
 - 2. It helps the surgeon to identify patients at risk of IBDI due to abnormal anatomy.
 - 3. It allows IBDI to be identified and repaired, if it has occurred.

IOC has proven to be cost-effective, especially if used by less experienced surgeons or if there are risk factors.⁵⁰ Other studies do not accept that IOC prevents the incidence of IBDI and highlight the increase in total surgery time.^{51,52} Currently, there are no randomised trials supporting the use of IOC.⁵³

6. Intraoperative laparoscopic ultrasound: its advantages in preventing IBDI were highlighted in a recent multicentre study. However, it is another method which is very expensive and often not available in hospitals. It does not completely replace IOC but has a promising future.⁵⁴

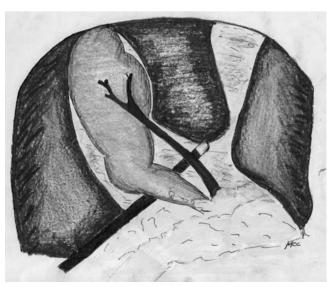


Figure 3 - Strasberg's Critical view.

Diagnosis

A high level of scrutiny must be maintained to diagnose IBDI.⁵⁵ There are three possible scenarios⁵⁶:

- 1. Intraoperative diagnosis (<50%).
- Immediate post-operative diagnosis: patients who are not clinically well during the first 48hrs after surgery, or with bile in the abdominal drainage. It may be accompanied by cholestasis.^{57,58}
- 3. Patients diagnosed late with symptoms of cholangitis or obstructive jaundice.

Ultrasound can show fluid collections and expansion of the BT, but it does not reveal the full path of the BT or other related injuries. Computed tomography (CT) with contrast is therefore recommended as an initial diagnostic study. Taken with the information from ultrasound, it can assess the level of injury, associated vascular damage or liver atrophy-hypertrophy. Seanning with iminodiacetic acid (HIDA scan) helps to diagnose bile leaks, but does not mark the limits of the injury and the biliary anatomy. MR cholangiography identifies any need for ERCP due to leakage of small biliary radicals or cystic duct stump leak, and gives information on the presence or absence of choledocholithiasis. MR cholangiography with manganese is a non-invasive method which is efficient in the diagnosis of IBDI, but requires larger series to evaluate it. MS

The level of IBDI in the biliary tree can be seen by cholangiography using PTCA or ERCP. In cases of lesions proximal to the hilum, with transaction or presence of an aberrant, ERCP cannot draw the biliary tree correctly, requiring anterograde cholangiography by PTCA.⁶⁴

Therapeutic approach

Treatment of IBDI is complex and multidisciplinary. The following factors need to be known: the type of injury, the patient's clinical condition, associated vascular damage, local hospital factors, etc.

Some general comments on non-surgical and surgical treatment are briefly described below, especially regarding hepaticojejunostomy (HJ). Subsequently, treatment according to the Strasberg types is defined. Endoscopic treatment for Strasberg type A injuries is also expanded upon.

Non-surgical treatment (endoscopic and interventional radiology)

The multimodal treatment of IBDI includes endoscopic treatment and interventional radiology. Percutaneous interventional radiology techniques require bilioenteric continuity. They are less invasive and may be more appropriate in patients who are not candidates for surgery, or in those whose anatomy makes it technically very difficult to use endoscopic instrumentation. The development of covered self-expanding stents, specifically designed to be removed later, may soon change the management of benign strictures.

2. Surgical treatment

There are 3 independent prognostic parameters for surgical treatment of IBDI which involve poor postoperative outcome and a higher rate of complications⁶⁷:

- Proximal IBDI: technically much more complex to repair and usually associated with vascular injury.⁶⁸
- 2. Repair in the acute phase: For acute IBDI, immediate repair is the best option if the patient's haemodynamic status and septic conditions allow it.⁶⁹ There is no evidence to support early or deferred repair when IBDI is identified days after the injury.⁷⁰
- 3. Late referral to a tertiary centre: biliary reconstruction in a reference centre by an experienced surgeon in IBDI has a better success rate as well as shorter hospital stay, morbidity and mortality. The moment of referral to a tertiary centre can drastically affect biliary reconstruction surgery when this is performed.⁶⁷

Surgical technique

The bilioenteric anastomosis which offers the best results is Roux-en-Y HJ. The defunctionalised loop guarantees the absence of intestinal reflux into the BT, and prevents ascending cholangitis. The hepatoduodenal anastomosis has an increased anastomotic tension, a macroscopic reflux of food at the biliary tree level and the possibility of developing a high debit biliary fistula. The most common errors related to repair failures and bilioenteric anastomosis are the lack of complete mucosal apposition between the BT and the intestine and the use of poorly absorbable suture material.

The use of a transanastomotic stent is not universal. Placing it proximally so as not go through the repair has been suggested.^{73,74} Using a redundant proximal loop attached to the wall to make it easier to perform percutaneous radiological monitoring has also been suggested.⁷⁵⁻⁷⁷

There are experimental animal studies for IBDI using ringed Gore-Tex vascular prostheses, ⁷⁸ magnetic stents, ⁷⁹ fibrin glue products, ⁸⁰ and vesicular flaps for biliary reconstruction. ⁸¹

There are 2 complications that require liver transplants (LT): IBDI associated with repeat episodes of cholangitis and chronic cholestasis with secondary biliary cirrhosis and lesions of the hepatic hilar vessels, especially the hepatic artery, which leads to a fulminant hepatic failure.⁸² There are few articles on LT secondary to IBDI.⁸³⁻⁸⁸ In general, a transplant in these patients is technically more complex for the following reasons: intra-abdominal adhesions, sclerosis of the hepatic pedicle, severe portal hypertension and associated coagulopathy.⁸⁹ The higher incidence of IBDI due to LC suggests that the indication of LT will increase in the future.⁹⁰

Techniques according to the Strasberg IBDI classification

Type A: Endoscopic treatment (papillotomy+prosthesis) for CD bile leakage is very efficient. However, if the leakage is more proximal, the percentage of clinical resolution is

lower.⁹¹ The differences in the basal pressure or intraductal pressure, the CD length and BT diameter may explain the differences in outcomes.⁹² There are no comparative data to define the optimal number of stents, their size, configuration (straight or pigtail), length and withdrawal time.⁹³ There is no difference between the use of stents passing through the leak (leak bridging) or reductions that only decompress and reduce the transpapillary pressure gradient.⁹⁴ Although in some centres these lesions are addressed in the immediate postoperative period through exploratory laparoscopy and repositioning of clips or Luschka duct suturing, there is currently no comparative study to compare the endoscopic and laparoscopic approaches in this scenario (Figure 4).

Type B: (Figure 5).

Type C: (Figure 5) there is no continuity with the main BT so the use of a prosthesis would not be effective. If the duct is small, it can be linked, developing into atrophy,⁹⁵ or leading to cholangitis episodes. If there is a duct of greater calibre (2 or more segments), it should be reconstructed by HJ. Biliary reconstruction in an aberrant right sectorial with respect to the main BT has greater occurrences of stenosis and long-term cholangitis.⁹⁶ Liver resection should be reserved for the failure of a previous HJ or if symptoms are persistent.⁹⁷

Type D: (Figure 5) Can be addressed as follows:

- Primary closure with absorbable suture and a subhepatic drain. The placement of a T tube has been associated with an increased amount of late stenosis in transplanted patients.⁹⁸ It therefore seems prudent to avoid placing a foreign body in a non-dilated BT.⁵³
- End-end anastomosis: This depends on a number of factors, such as the presence of intact proximal and distal ends, similarity in diameter between the ends, lesions less than 1 cm in length and no excessive tension or signs of infection or inflammation. The advantages are its simplicity and the preservation of the length of the BT, however, approximately half is stenotic during follow-up. A reinforcement has been described using a patch from the umbilical vein and round ligament adipose tissue.⁹⁹⁻¹⁰¹
- Hepaticojejunostomy: this is the most used and safest method. Bilioenteric anastomosis with side-to-side anastomosis is better as it preserves the blood supply better and minimises the dissection behind the ducts.¹⁰² It is recommended to perform HJ on the extrahepatic portion of the left hepatic duct (LHD) at the base of segment IV, with side-to-side anastomosis between the LHD and Roux-en-Y jejunum. This technique was described by Hepp and is called the Hepp-Coinaud technique in reference to the extrahepatic anatomical description of the LHD described by Coinaud.¹⁰³

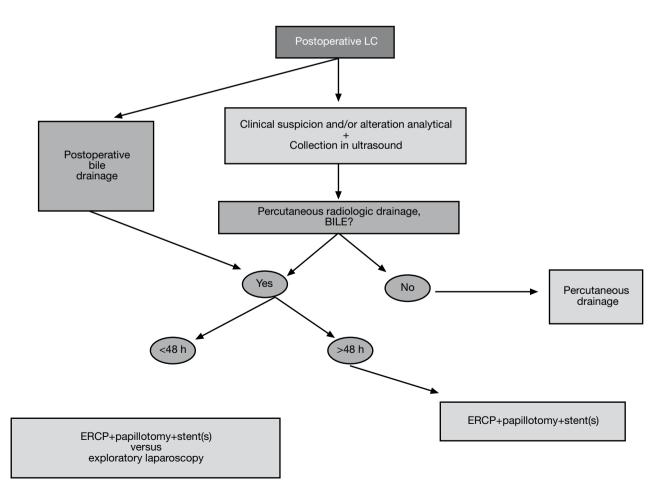


Figure 4 – Strasberg IBDI management A. LC indicates laparoscopic cholecystectomy.

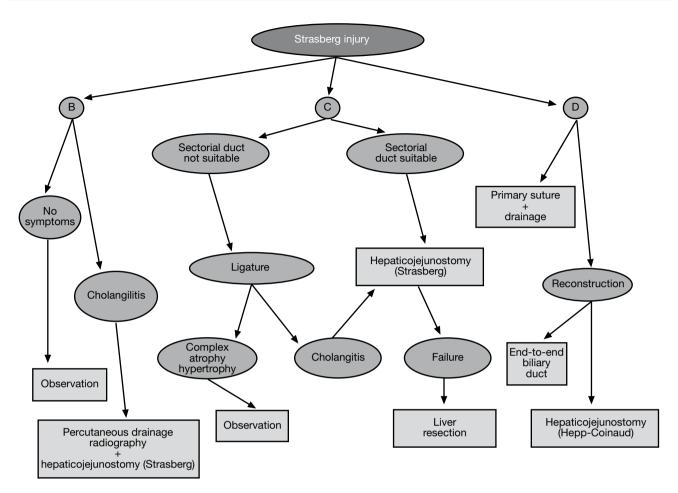


Figure 5 - Strasberg B, C and D injuries.

Type E: the HJ described for type D lesions is the ideal technique for injuries E1, E2 and E3. Those lesions located above the bifurcation (E4) or that may affect the sectoral branches of the right side (E5, B and C) cannot be repaired, as only the left hepatic duct system can drain.

- E1 and E2: another technique applied for these patients was described 23 years ago and renamed as the bile duct growing factor by Mercado et al., 104,105 in honour of the term coined by Starzl in vascular anastomosis. 106 It consists of the anastomosis of the anterior face of the CHD and LHD into a jejunal loop. It is an alternative technique for the reconstruction of a thin CHD, less than 4 mm, provided that the hepatic confluence is preserved.
- E4 and E5: in these cases, the anastomosis is technically more demanding, especially where there is a wide break between the CHD and LHD and the stenosis extends longitudinally to a sectorial duct. It is generally associated with vascular damage, liver atrophy, cholangitis from repetition and previous attempts at repair. In this context, hepatectomy is recommended before a transplant. 107 Strasberg et al. described the extra-Glissonian approach for these lesions, based on intrahepatic dissection of the right and left pedicle confluence; the descent of so-called

the "hilar plate". ¹⁰⁸ The surgeon has to puncture both pedicles with a fine needle until finding the BT, make an opening as wide as possible and perform side-to-side anastomosis. Exposure of an adequate length of the posterior sectoral duct may be limited by the position of the right anterior sectorial portal vein. It is also important not to devascularise the anterior right hepatic artery. ^{102,109} Partial resection of segments IV and V has also been described to allow a better anastomosis in the CHD, ¹¹⁰ although other groups believe that the mobilisation of the hilar plate is enough to repair it. ^{106,111}

Late IBDI complications

1. Biliary strictures:

Early strictures are usually related to aspects of the surgical procedure. Late strictures are related to inflammatory phenomena and fibrosis due to biliary leaks or secondary to ischaemia due to associated vascular injury (AVI). Treatment usually begins by PTCA and transhepatic drainage to resolve cholangitis. The "rendezvous" technique can facilitate therapeutic management for these patients. ¹¹⁶⁻¹¹⁸ If intervention fails, performing a new HJ is the solution. Vascular injury is associated with

61% of primary biliary-enteric repair failures, and this is more frequent with increased stenosis. 112

Stenosis after HJ anastomosis is between 9%-25%. 113,114 Interventional radiology treatment has similar results to surgery, but with less morbidity and mortality. 115

2. Portal hypertension:

The incidence of biliary stricture and portal hypertension in patients with IBDI is between 15%-20%. 119,120 The surgical mortality rate in these cases reaches 23%-46%. 121 Portal hypertension in IBDI may be due to prolonged biliary obstruction, portal injury during cholecystectomy, inflammatory portal vein thrombosis or coexistence with previous liver disease (cirrhosis). 122 The most accepted treatment is balloon dilatation, and use of a stent. 37 If this fails, a venovenous bypass and a new HJ is performed. 123 LT is the best option in patients with cirrhosis.

3. Secondary biliary cirrhosis (SBC):

The incidence of portal hypertension and SBC in IBDI is approximately 8%.¹²⁴ The presence of cirrhosis during repair leads to increased morbidity and mortality.¹²⁵ SBC needs 7.1 years to develop with a benign stenosis, 4.6 years with choledocholithiasis and 0.8 years in malignant stenosis.¹²⁶

4. Associated vascular injury/Vasculobiliary injury:

A differentiation must be made between vasculobiliary injuries and vascular damage. Vasculobiliary injuries damage the main portal pedicle or its branches, causing infarction of all or part of the liver and/or BT, requiring a partial or total removal of the liver.³⁴ Associated vascular injury means being associated with IBDI generally more proximal to the porta hepatis. It may be clinically silent and remain asymptomatic, as the portal flow is sufficient for the recovery of the liver parenchyma without arterial blood supply or with limited supply.

Univariate and multivariate analyses have shown that associated vascular injury is a risk factor for the development of postoperative biliary complications. ¹²⁷⁻¹³⁰ The extrahepatic BT and the main intrahepatic BT have arterial blood flow only. There are 2 vascular plexus in the BT, one on the surface of the bile duct, connecting the right hepatic artery with the posterior superior pancreaticoduodenal and the other in the hilar plate between the branches of the right and left hepatic artery. ^{131,132}

In type E injuries, there is a deprivation of blood flow from the gastroduodenal and pancreatodudoenal artery, with the flow depending on the hepatic artery only.¹³³

If the diagnosis is intraoperative, vascular reconstruction can be performed with an end-to-end anastomosis or inferior mesenteric artery plasty.³⁷ Postoperatively, the portal flow and retrograde flow to the lesion must be studied by angiography.

Quality of life

To date there have been only 4 studies in the literature on the quality of life after IBDI with varying results. 134-137 The most recent claims that quality of life is not affected in patients who survive IBDI. 138

Legal responsibility

In the context of IBDI, the cornerstone of medical negligence rests on whether the standards of care have been met. A surgeon who does not use or misuses the accepted identification methods within this context will be legally less protected.⁴⁴

National Surgical Societies should hold consensus conferences to define LC standards. In November 2006, the Dutch Laparoscopic Society prepared and implemented a protocol recommending the analogue or digital recording of the critical safety view before the transection of the duct and cystic artery. These images are of great interest in the postoperative period and for the treatment of possible complications. ¹³⁹ It would be interesting if the surgeons and the Asociación Española de Cirujanos (Spanish Association of Surgeons) could develop a similar project.

Conflict of interest

The authors affirm that they have no conflicts of interest.

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