GUIDE FOR AUTHORS

INTRODUCTION

*Fisioterapia* which is the official publication of the Asociación Española de Fisioterapeutas (Spanish Association of Physical Therapists), was founded in 1969 and is the top journal of this specialty published in Spanish. The Journal, which publishes 6 issues per year, promotes evidence-based practices in basic and applied research. *Fisioterapia* publishes studies about physical therapy in all its aspects, including healthcare, disabilities and physical therapy. The Journal publishes articles about treatment methods, diagnostic factors, prevention, development and maintenance of maximum movement, functional abilities, and healthcare levels of individuals and communities. All articles undergo a rigorous double-blind peer-review process. *Fisioterapia*, which publishes articles either in Spanish or English, is comprised of the following sections: Editorials, Original Articles, Review Articles, Case Reports and Letters to the Editor.

USE OF PUBLISHING GUIDELINES

When preparing articles, the international guidelines should be followed in order to express health research results and apply them to the specific type of study. Authors must provide a check-list, indicating the page number of the manuscript that refers to each section of the guidelines. This check-list will make it easier to review, but it will not be published with the work.

EQUATOR ([http://www.equator-network.org/](http://www.equator-network.org/)) contains an introduction and several aids (toolkits) for authors and manuscript reviewers. Some are also in Spanish ([http://www.español.equator-network.org/](http://www.español.equator-network.org/)).

Each type of article requires specific guidelines:

Clinical trials: CONSORT ([http://www.consort-statement.org/](http://www.consort-statement.org/)). These guidelines are required, with the flow diagram being included in the manuscript, as well as its adjustment to non-pharmacological treatments.

The check-list will be provided on the last page of the manuscript.

Observational studies: STROBE ([http://www.strobe-statement.org/](http://www.strobe-statement.org/)) following the checklist appropriate to the type of study (cohort, case-control, or cross-sectional), and including the flow diagram in the manuscript. The checklist will be provided on the last page of the manuscript.

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