GUIDE FOR AUTHORS

INTRODUCTION

Endocrinología, Diabetes y Nutrición is the official journal of the Spanish Society of Endocrinology and Nutrition (Sociedad Española de Endocrinología y Nutrición, SEEN) and the Spanish Society of Diabetes (Sociedad Española de Diabetes, SED). The aim of the journal is to improve knowledge and be a useful tool in practice for clinical and laboratory specialists, trainee physicians, researchers, and nurses interested in endocrinology, diabetes, nutrition and related disciplines. It is an international journal published in Spanish and English, covering different fields of endocrinology and metabolism, including diabetes, obesity, and nutrition disorders. The quality of the contents is ensured by a prestigious national and international board, and by a selected panel of specialists involved in a rigorous peer review. The result is that only manuscripts containing high quality research and with utmost interest for clinicians and professionals related in the field are published. The Journal publishes Original clinical and research articles, Reviews, Special articles, Clinical Guidelines, Position Statements from both societies and Letters to the editor. Endocrinología, Diabetes y Nutrición can be found at Science Citation Index Expanded, Medline/PubMed and SCOPUS.

Types of article

The Journal contains the following sections:

Original articles. Original papers reporting both basic and clinical research on etiology, pathophysiology, pathology, clinical epidemiology, diagnosis, prognosis, and treatment. Analytical designs such as cross-sectional surveys, case and control studies, cohort studies, and controlled trials are recommended. They must include the following sections: Introduction, Material and methods, Results, and Discussion. Subsections will only be permitted in the Material and methods and Results sections. Structured Abstract (in Spanish and English and up to 250 words in length). The text should not exceed 4,000 words in length (including tables ans legends for figures, and excluding references) and up to six figures and/or tables will be allowed. A maximum of 30 references may be included.

Reviews/Short Reviews. Manuscripts of this type will be commissioned. Authors who wish to collaborate to this section should contact the Editorial Board beforehand. Reviews will have a total length of 5,000 words, including an unstructured abstract of 150 words, the relevant keywords, and up to 70 literature references. No more than three authors should preferably be included. Up to four figures and/or tables will be permitted.

Short reviews will have a maximum length of 3,500 words, including the abstract (unstructured and 150 words in length), keywords, and up to 30 literature references. No more than three authors should preferably be included. Up to four figures and/or tables will be permitted.
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The journal will publish the consensus document accepted by the Editorial Committee as an Executive Summary ("Executive summary"), whose maximum length will be 3,000 words, without taking into account the unstructured summary that will have a maximum of 150 words. It will be accompanied by tables and figures that are considered convenient to help interpret the information in a clear and concise manner. The bibliography will be limited to 1-10 citations and the title will begin with the following sentence: "Executive summary of the consensus document on ...". The full consensus document will be published online as additional material to the Executive Summary and / or as a supplement to the journal. The objective of the publication of the Executive Summary is to offer readers a synthesis of the consensus document, but with enough detail and clarity to understand the scope and most relevant points of the full document.

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Authorship
All authors should have made substantial contributions to all of the following: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising it critically for important intellectual content, (3) final approval of the version to be submitted.

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Divide your article into clearly defined sections. Each subsection is given a brief heading (Introduction, Material and methods, Results and Discussion). Each heading should appear on its own separate line. Subsections should be used as much as possible when cross-referencing text: refer to the subsection by heading as opposed to simply 'the text'.

**Introduction**

State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

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Provide sufficient details to allow the work to be reproduced by an independent researcher. Methods that are already published should be summarized, and indicated by a reference. If quoting directly from a previously published method, use quotation marks and also cite the source. Any modifications to existing methods should also be described.

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Results should be clear and concise.

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This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

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The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.
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If there is more than one appendix, they should be identified as A, B, etc. Formulae and equations in appendices should be given separate numbering: Eq. (A.1), Eq. (A.2), etc.; in a subsequent appendix, Eq. (B.1) and so on. Similarly for tables and figures: Table A.1; Fig. A.1, etc.

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A structured abstract, by means of appropriate headings, should provide the context or background for the research and should state its purpose, basic procedures (selection of study subjects or laboratory animals, observational and analytical methods), main findings (giving specific effect sizes and their statistical significance, if possible), and principal conclusions. It should emphasize new and important aspects of the study or observations.

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Define abbreviations that are not standard in this field in a footnote to be placed on the first page of the article. Such abbreviations that are unavoidable in the abstract must be defined at their first mention there, as well as in the footnote. Ensure consistency of abbreviations throughout the article.

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