GUIDE FOR AUTHORS

INTRODUCTION

Endocrinología, Diabetes y Nutrición is the official journal of the Spanish Society of Endocrinology and Nutrition (Sociedad Española de Endocrinología y Nutrición, SEEN) and the Spanish Society of Diabetes (Sociedad Española de Diabetes, SED). The aim of the journal is to improve knowledge and be a useful tool in practice for clinical and laboratory specialists, trainee physicians, researchers, and nurses interested in endocrinology, diabetes, nutrition and related disciplines. It is an international journal published in Spanish and English, covering different fields of endocrinology and metabolism, including diabetes, obesity, and nutrition disorders. The quality of the contents is ensured by a prestigious national and international board, and by a selected panel of specialists involved in a rigorous peer review. The result is that only manuscripts containing high quality research and with utmost interest for clinicians and professionals related in the field are published. The Journal publishes Original clinical and research articles, Reviews, Special articles, Clinical Guidelines, Position Statements from both societies and Letters to the editor. Endocrinología, Diabetes y Nutrición can be found at Science Citation Index Expanded, Medline/PubMed and SCOPUS.

Types of article

The Journal contains the following sections:

Original articles. Original papers reporting both basic and clinical research on etiology, pathophysiology, pathology, clinical epidemiology, diagnosis, prognosis, and treatment. Analytical designs such as cross-sectional surveys, case and control studies, cohort studies, and controlled trials are recommended. They must include the following sections: Introduction, Material and methods, Results, and Discussion. Subsections will only be permitted in the Material and methods and Results sections. Structured Abstract (in Spanish and English and up to 250 words in length). The text should not exceed 4,000 words in length (including tables and legends for figures, and excluding references) and up to six figures and/or tables will be allowed. A maximum of 30 references may be included.

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The journal will publish the consensus document accepted by the Editorial Committee as an Executive Summary ("Executive summary"), whose maximum length will be 3,000 words, without taking into account the unstructured summary that will have a maximum of 150 words. It will be accompanied by tables and figures that are considered convenient to help interpret the information in a clear and concise manner. The bibliography will be limited to 1-10 citations and the title will begin with the following sentence: "Executive summary of the consensus document on ...". The full consensus document will be published online as additional material to the Executive Summary and / or as a supplement to the journal. The objective of the publication of the Executive Summary is to offer readers a synthesis of the consensus document, but with enough detail and clarity to understand the scope and most relevant points of the full document.

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Authorship
All authors should have made substantial contributions to all of the following: (1) the conception and design of the study, or acquisition of data, or analysis and interpretation of data, (2) drafting the article or revising it critically for important intellectual content, (3) final approval of the version to be submitted.

Changes to authorship
Authors are expected to consider carefully the list and order of authors before submitting their manuscript and provide the definitive list of authors at the time of the original submission. Any addition, deletion or rearrangement of author names in the authorship list should be made only before the manuscript has been accepted and only if approved by the journal Editor. To request such a change, the Editor must receive the following from the corresponding author: (a) the reason for the change in author list and (b) written confirmation (e-mail, letter) from all authors that they agree with the addition, removal or rearrangement. In the case of addition or removal of authors, this includes confirmation from the author being added or removed. Only in exceptional circumstances will the Editor consider the addition, deletion or rearrangement of authors after the manuscript has been accepted. While the Editor considers the request, publication of the manuscript will be suspended. If the manuscript has already been published in an online issue, any requests approved by the Editor will result in a corrigendum.

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In line with the position of the International Committee of Medical Journal Editors, the journal will not consider results posted in the same clinical trials registry in which primary registration resides to be prior publication if the results posted are presented in the form of a brief structured (less than 500 words) abstract or table. However, divulging results in other
circumstances (e.g., investors' meetings) is discouraged and may jeopardise consideration of the manuscript. Authors should fully disclose all posting in registries of results of the same or closely related work.

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Randomized controlled trials should be presented according to the CONSORT guidelines. At manuscript submission, authors must provide the CONSORT checklist accompanied by a flow diagram that illustrates the progress of patients through the trial, including recruitment, enrollment, randomization, withdrawal and completion, and a detailed description of the randomization procedure. The [CONSORT checklist and template flow diagram](#) are available online.

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Divide your article into clearly defined sections. Each subsection is given a brief heading (Introduction, Material and methods, Results and Discussion). Each heading should appear on its own separate line. Subsections should be used as much as possible when cross-referencing text: refer to the subsection by heading as opposed to simply 'the text'.

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State the objectives of the work and provide an adequate background, avoiding a detailed literature survey or a summary of the results.

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Provide sufficient details to allow the work to be reproduced by an independent researcher. Methods that are already published should be summarized, and indicated by a reference. If quoting directly from a previously published method, use quotation marks and also cite the source. Any modifications to existing methods should also be described.

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Results should be clear and concise.

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This should explore the significance of the results of the work, not repeat them. A combined Results and Discussion section is often appropriate. Avoid extensive citations and discussion of published literature.

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The main conclusions of the study may be presented in a short Conclusions section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.
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The headings will consist of: «Introduction», «Materials and Methods», «Results» y «Conclusions».

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Define abbreviations that are not standard in this field in a footnote to be placed on the first page of the article. Such abbreviations that are unavoidable in the abstract must be defined at their first mention there, as well as in the footnote. Ensure consistency of abbreviations throughout the article.

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List funding sources in this standard way to facilitate compliance to funder's requirements:

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